COURSE OUTLINE

1. GENERAL

SCHOOL	SOCIAL SCIENCES		
DEPARTMENT	PSYCHOLOGY		
LEVEL OF STUDY	UNDERGRADUATE		
COURSE CODE	**ΨΧ-1108**	**SEMESTER OF STUDIES**	**1st**
COURSE TITLE	**English Language and Psychology Terminology I**		

INDEPENDENT TEACHING ACTIVITIES *in case the credits are awarded in distinct parts of the course e.g. Lectures, Laboratory Exercises, etc. If the credits are awarded uniformly for the entire course, indicate the weekly teaching hours and the total credits*	**WEEKLY TEACHING HOURS**	**CREDITS**
Lectures (theory and practice, in class and on assignment)	6	4
Add rows if necessary. The teaching organization and teaching methods used are described in detail in 4.		

COURSE TYPE *foundation, general knowledge, scientific area, skills development*	Elective, Skills Development
PREREQUISITE COURSES:	NO
LANGUAGE OF INSTRUCTION AND EXAMINATION:	English (Greek is used only when translating the terminology)
THE COURSE IS OFFERED TO ERASMUS STUDENTS	YES
ONLINE COURSE PAGE (URL)	https://elearn.uoc.gr/course/view.php?id=6270

2. LEARNING OUTCOMES

Learning Outcomes

The learning outcomes of the course are described, the specific knowledge, skills and abilities of an appropriate level that the students will acquire after the successful completion of the course.

Consult Appendix A

- *Description of the Level of Learning Outcomes for each cycle of study according to the European Higher Education Area Qualifications Framework*
- *Descriptive Indicators for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning*

and Annex B

- *Summary Guide to Writing Learning Outcomes*

Upon successful completion of the course, students are expected to:

- have acquired knowledge of English terminology in psychology through various types of texts
- identify the function of special terms for the association and organization of meaning in written and oral discourse
- have acquired techniques and strategies for reading terminology texts
- manage elements of scientific writing (articles, abstracts, reports)
- compose and complete charts and tables
- have developed communicative skills

General Competencies

Taking into account the general competencies that the graduate must have acquired (as outlined in the Diploma Supplement and listed below), which of them is the course aimed at?

Search, analyze and synthesize data and information, using the necessary technologies	*Project planning and management*
Adapting to new situations	*Respect for diversity and multiculturalism*
Decision-making	*Respect for the natural environment*
	Demonstration of social, professional and ethical responsibility

Autonomous work *Teamwork* *Working in an international environment* *Working in an interdisciplinary environment* *Producing new research ideas*	*and sensitivity to gender issues* *Exercise of criticism and self-criticism* *Promoting free, creative and inductive thinking*

- Decision-making
- Promoting free, creative, and inductive thinking
- Search, analyse and synthesise data and information, using the necessary technologies
- Autonomous work
- Working in pairs/teams
- Working in an international environment
- Working in an interdisciplinary environment

3. COURSE CONTENT

The content of the course is linked to the 5 main axes of the curriculum:
Scientific Foundations [1], Scientific Research and Critical Thinking [2], Ethical and Social Responsibility [3], Communicative Ability [4], Basic Preparation for Career Decisions and Career Prospects [5].

Week 1: The science of psychology [1, 2, 3, 4, 5]

Topics

- The definition of psychology
- The nature of psychology
- Perspectives on behavior

Current Issues: Community psychology

Research close-up: Do owners look like their dogs?

- Introduction to the branches of psychology

Terminology

- General English terminology with special meaning in psychology
- Prefixes and suffixes

Skills: communication (listening comprehension, speaking)

Audiovisual comprehension/Skills: quiz videos on Jove educational platform / activities on the book's educational platform

Week 2: The scientific study of behaviour [1, 2, 3, 4, 5]

Topics

- Scientific principles in psychology

Psychology at work: Interview with authority for consumers and markets

- Ethical principles in research

Current issues: Where we cannot trust the data, we cannot trust the subject

- Research methods

Research close-up: Seasonal affective disorder

- Critical thinking in science and everyday life

Applying psychological science: Evaluating claims in research and everyday life

Audiovisual comprehension: quiz videos on Jove educational platform

Week 3: Branches of psychology [1, 2, 4, 5]

Topics

- Experimental and applied psychology
- Human-centered approach and process approach
- Theories and (corresponding) fields in psychology

Terminology

- English-to-English dictionaries (headwords/definitions/parts of speech/phonemes/stress markers/(un)countable nouns/(in)transitive verbs)

Skills: reading comprehension, writing
Terminology/Skills: activities on the book's educational platform

Week 4: Psychology in practice [1, 4, 5]

Topics

- Professional practice: organisational and clinical psychology
- Phobias
- Mental/Psychological disorders

Terminology

- Stress patterns in multi-syllable words
- Prefixes

Skills: communication (listening comprehension, speaking)
Terminology/Skills: activities on the book's educational platform

Week 5. Learning: the role of experience [1, 2, 3]

Topics

- Adapting to the environment
- Classical conditioning: associating one stimulus with another
- Operant conditioning: learning through consequences

Applying psychological science: Using operant principles to modify your behaviour

- Observational learning: when others show the way

Psychology at work: An interview with a speech and language therapist

- Bandura's social-cognitive theory

Current issues: Imitation: babies' brains respond to watching others' actions

- Applications of observational learning

Research close-up: With a little help from their peers: the impact of classmates on adolescents' development of prosocial behaviour
Current issues: Applications of observational learning in neurorehabilitation
Audiovisual comprehension: quiz videos on Jove educational platform

Weeks 6 & 7

Part 1

Lifespan development I: physical and cognitive development [1, 2, 3, 4]

Theory focus

Topics

- The scope of developmental psychology
- Major issues and methods in developmental psychology
- Infancy and childhood

Research close-up: The development of face discrimination in the first year of life
Current issues: What is the role of the brain in development?
Applying psychological science: Applying principles from cognitive development to produce better educational techniques
Psychology at work: An interview with an educational psychologist

- Vygotsky's approach
- Crosscultural development of thought and language
- Piaget's approach
- Cognitive development and education

Audiovisual comprehension: quiz videos on Jove educational platform

Skills focus

Terminology

- Paraphrasing at sentence level with synonyms, replacement subjects, etc.

Skills: reading comprehension, writing

Terminology/Skills: activities on the book's educational platform

Part 2

Lifespan development II: social and emotional development [1, 2, 3]

Topics

- Infancy and early childhood

Applying psychological science: Understanding the effects of childcare on socio-emotional development
Audiovisual comprehension: quiz videos on Jove educational platform

Weeks 8 & 9: Personality [1, 2, 3, 4]

Part 1

Theory focus

Topics

- Defining personality

Perspectives on personality

- The psychodynamic perspective

Research close-up: Attachment style and abusive romantic relationships

- The phenomenological-humanistic perspective

Mapping the structure of personality

- Theory of personality traits
- Measuring personality traits
- Leadership

Current issues: How many personality factors are there?

- Biological foundations of personality
- Behavioural and social-cognitive theories

Applying psychological science: Increasing self-efficacy through systematic goal setting

Skills focus

Terminology

- Fixed phrases from psychology and academic English

Skills: communication (listening comprehension, speaking)

Terminology/Skills: activities on the book's educational platform

Audiovisual comprehension: quiz videos on Jove educational platform

Part 2

Dreams and personality [1, 2, 3, 4]

Topics

- Approaches to dreams
- Freud's approach
- Jung's approach
- Models of consciousness and personality

Terminology

- Word sets: synonyms, antonyms, etc.
- The language of trends
- Common lecture language

Skills: communication (listening comprehension, speaking)

Terminology/Skills: activities on the book's educational platform

Week 10: Psychology and computers [1, 2, 3, 4, 5]

Topics

- Using computers for research
- Using computers to develop cognitive models

- Computers and diagnosis of mental illness
- Virtual reality

Terminology

- English computer terminology
- Abbreviations and acronyms
- Discourse and stance markers
- Verb and noun suffixes

Skills: reading comprehension, writing

Terminology/Skills: activities on the book's educational platform

Week 11. Mental/Pyschological disorders: popular myths [1, 2, 3, 4, 5]

Topics

- Historical perspectives on deviant behaviour
- Definition and classification of mental/psychological disorders
- Common myths about mental illness
- The media and stereotypes of mental illness

Terminology

- Synonyms
- Nouns from verbs
- Definitions
- Common 'direction' verbs in essay titles (*discuss, analyse, evaluate*, etc.)

Skills: reading comprehension, writing

Terminology/Skills: activities on the book's educational platform

Week 12: Modern addictions [1, 2, 3, 4]

Topics

- Internet addiction
- Body image and eating disorders

Terminology

- Neutral and marked words
- Fixed phrases from psychology and academic English

Skills: reading comprehension, writing

Terminology/Skills: activities on the book's educational platform

Week 13: With the future ahead [1, 2, 3, 4]

Topics

- Virtual relationships
- Violence and video games

- Case study: cyberbullying

Terminology

- Verbs used to introduce ideas from other sources (*X contends/suggests/asserts that .....*)
- Linking words/phrases conveying contrast (*whereas*), result (*consequently*), reasons (*due to*), etc.
- Words for quantities (*a significant minority*) *Skills:*
  Reading comprehension, writing

Terminology/Skills: activities on the book's educational platform

Revision of the syllabus and revision exercises for the final exam

4. TEACHING and LEARNING METHODS - ASSESSMENT

METHOD OF COURSE DELIVERY *Physical presence, Distance learning, etc.*	Physical presence • Lectures (theory and practice) in class. Distance learning, potentially.
USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES *Use of ICT in Teaching, Laboratory Education, Communication with Students*	• Support of the learning process via the e-Learn online educational platform. • Course delivery is mediated by Information and Communication Technologies (ICT). • The following educational software is used: Powerpoint, educational videos/audios with relevant comprehension activities, and forms/questionnaires. The book's online platform provides interactive activities, videos/audios with quizzes, and a practical tool for analysing scientific articles. • Provision of notes in electronic format and access to the electronic version of the book (e-book). • Communication with students is possible via email or on e-Learn.
TEACHING ORGANIZATION *The way and methods of teaching are described in detail.* *Lectures, Seminars, Laboratory Exercise, Field Exercise, Literature Study & Analysis, Tutoring, Practical (Placement), Clinical Practice, Art Workshop, Interactive Teaching, Educational Visits, Project Preparation, Writing a Paper / Assignments, Artistic Creation, etc.* *The student's study hours for each learning activity as well as the hours of unguided study are listed so that the total workload at semester level corresponds to the ECTS standards*	

Activity	***Semester Workload (hours)***	***ECTS***
Lectures (theory and practice)	39	1.44
Independent study (theory and practice)	58	2.32
Final exam	3	0.12
Course Total (25 hours of workload per credit)	*100*	*3.88*

STUDENT EVALUATION *Description of the evaluation process* *Assessment Language, Assessment Methods, Formative or Inferential, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Examination, Public Presentation, Laboratory Paper, Clinical Patient Examination, Artistic Interpretation, Other/Others* *Explicitly defined evaluation criteria and whether and where they are accessible to students are mentioned.*	Language of assessment: English Evaluation methods: • Final exam • 0.5 point added to final grade for student in-class participation The evaluation criteria are presented and explained to the students at the beginning of the semester.

5. RECOMMENDED BIBLIOGRAPHY

Diener Education Fund. (2024). ***Introduction to psychology: The full Noba collection.*** **Retrieved from https://nobaproject.com.**

Diener Education Fund. (2024). ***Discover Psychology 2.0 - A Brief Introductory Text*****. Retrieved from https://nobaproject.com.**

Gilbert, D., Nock, M., Schacter, D., & Wegner, D. (2021). ***Introduction to psychology*** **(2nd edition). Gutenberg.**

Gilliland, T. & Dooley, J. (2019). ***Psychology*****. Career Paths. Express Publishing.**

Holt, N., Bremmer, A., Vliek, M., Sutherland, E., Passer, M.,& Smith, R. (2024). ***Psychology: The science of mind and behavior*** **(5th ed.). McGraw-Hill.**

Kearns, T. & Lee, D. (2015). ***General Psychology: An Introduction*****. Psychology, Sociology, Anthropology, and Social Work Open Textbooks. 1. Retrieved from https://oer.galileo.usg.edu/psychology-textbooks/1.**

Levy, J.C. (2019). ***Psychology: the science of human potential.*** **Psychology (OER). 1. Retrieved from https://scholarship.shu.edu/psychology-oer/1.**

Short, J. (2011). ***English for Psychology in Higher Education Studies*****. Betsis.**

Stangor, C. & Walinga, J. (2014). Introduction to Psychology – 1st Canadian Edition. Victoria, B.C.: BC campus. Retrieved from https://opentextbc.ca/introductiontopsychology.

Votaw, K. (2020). ***General Psychology for Honors Students*****. Open Educational Resources Collection. 23. Retrieved from https://irl.umsl.edu/oer/23.**

-Relevant scientific journals:

Frontiers in Psychology
Acta Psychologica
Advances in Methods and Practices in Psychological Science
Annual Review of Psychology
Computers in Human Behavior
Educational Psychologist
Journal of cross-cultural psychology
Journal of language and social psychology
Perspectives on Psychological Science
The Quarterly journal of experimental psychology