

## COURSE OUTLINE

### 1. GENERAL

<b>SCHOOL</b>	SOCIAL SCIENCES		
<b>DEPARTMENT</b>	PSYCHOLOGY		
<b>LEVEL OF STUDIES</b>	Under-Graduate		
<b>COURSE CODE</b>	<b>ΨΧ-2504</b>	<b>SEMESTER</b>	4 <sup>th</sup>
<b>COURSE TITLE</b>	Psychoanalytic Thinking		
<b>INDEPENDENT TEACHING ACTIVITIES</b>	<b>WEEKLY TEACHING HOURS</b>	<b>ECTS</b>	
Lectures	3	4	
<b>COURSE TYPE</b> <i>general background, special background, specialised general knowledge, skills development</i>	Specialised general knowledge (elective)		
<b>PREREQUISITES COURSES:</b>	ΨΧ-1104 Psychology of Personality		
<b>INSTRUCTION/EXAM LANGUAGE:</b>	Greek		
<b>OFFERED TO ERASMUS STUDENTS</b>	YES (with personal study of English-language bibliography and written examination with short-answer questions on the day of the course exam)		
<b>COURSE WEB PAGE (URL)</b>	<a href="https://elearn.uoc.gr/course/view.php?id=1658">https://elearn.uoc.gr/course/view.php?id=1658</a>		

### 2. LEARNING OUTCOMES

Learning Outcomes
<p>The aim of the course is to focus on the description and analysis of psychoanalytic theories, and to examine psychodynamic theories through a critical lens, with the goal of understanding fundamental concepts as they were historically developed and as they are connected to contemporary practice. Various psychoanalytic approaches to the unconscious, dreams, personality, emotional development, psychopathology, and therapeutic treatment are also examined and placed within their historical context. More specifically, the course will begin by emphasizing the foundations of psychoanalytic theory as shaped by Sigmund Freud and the socio-historical context of his time. Subsequently, schools of psychoanalysis that further developed this theory and constitute the main reference points of contemporary psychoanalysis will be presented. In particular, reference will be made to the American tradition of ego psychology, the British tradition of object relations with an emphasis on the theories of Melanie Klein and Donald Winnicott, the French structural approach of Jacques Lacan and later French psychoanalysts, as well as contemporary relational theories and attachment theories. Finally, the rationale and principles of psychoanalytic clinic will be presented, along with the variations that differentiate it according to the aforementioned theories, its application in specific community settings, as well as issues of research and its empirical validation.</p> <p>Students, after the completion of the lectures, should be able to:</p> <ul style="list-style-type: none"> <li>• Understand the central ideas of the most important psychoanalytic theories and reflect critically on them.</li> </ul>

- Synthesize psychoanalytic theories and understand their connection with clinical practice and research.

In addition, regarding the promotion of more general expected learning outcomes, students are expected to be able to:

- Understand how the development of each theory is connected to the social and historical data within which it emerged.
- Exercise their critical thinking and their capacity for creative synthesis and comparison of different approaches.
- Practice literature review, synthesis, and presentation of theoretical and clinical data they will encounter (mainly those who choose to write an assignment).

#### General Competences

- Search for, analysis and synthesis of data and information, using the necessary technologies
- Adaptation to new situations
- Decision-making
- Autonomous work
- Work in an interdisciplinary environment
- Respect for diversity and multiculturalism
- Demonstration of social, professional and ethical responsibility and sensitivity to gender issues
- Exercise of critique and self-critique
- Promotion of free, creative and inductive thinking

### 3. COURSE CONTENT

*The course's content is linked to the 5 main axes of the curriculum:*

*Scientific Foundations [1], Scientific Research and Critical Thinking [2], Ethical and Social Responsibility [3], Communication Ability [4], Basic Preparation for Career Decisions and Vocational Rehabilitation [5].*

1. Sigmund Freud I (period 1900–1920) [1,2,3]
2. Sigmund Freud II (period 1900–1920) [1,2,3]
3. Sigmund Freud II (period 1920–1926) [1,2,3]
4. Ego psychology [1,2,3]
5. British tradition I – Melanie Klein [1,2,3]
6. British tradition II – Donald Winnicott [1,2,3]
7. French tradition – Jacques Lacan [1,2,3]
8. Relational psychoanalysis [1,2,3]

9. Psychoanalytic clinic I (transference, resistances, psychoanalytic diagnosis) [1,2,3,4,5]
10. Psychoanalytic clinic II (treatment and intervention models and techniques) [1,2,3,4,5]
11. Application of psychoanalytic thought in community settings [1,2,3,4,5]
12. Research in psychoanalysis and empirical validation. [1,2,3,4,5]
13. Course wrap up – Presentation of assignments [1,2,3,4,5]

#### 4. INSTRUCTIONAL and LEARNING METHODS - EVALUATION

<b>INSTRUCTION METHOD</b>	In classroom (vis-à-vis)		
<b>INFORMATION AND COMMUNICATION TECHNOLOGIES USED</b>	Use of ICT in teaching. Support of the learning process through the UoC e-learn electronic platform.		
<b>TEACHING ORGANIZATION</b>	<b>Activity</b>	<b>Semester workload (hours)</b>	<b>ECTS</b>
	Lectures	39	1.56
	<i>Independent study for final examination</i>	40	1.6
	<i>Optional Assignment</i>	20	0.8
	<i>Participation in final written examination</i>	2	0.08
	<b>Total</b>	<b>101</b>	<b>4.04</b>
<b>STUDENT EVALUATION</b>	<p>Evaluation is conducted in Greek. For Erasmus students, in English. Final written examination including:</p> <ul style="list-style-type: none"> <li>- Essay questions</li> <li>- Short-answer questions</li> </ul> <p>Students may optionally undertake a written assignment (individual or group), to be submitted on the day of the examination. A draft of the assignment can be briefly presented during the lectures in order to receive feedback from peers and the instructor.</p> <p>The evaluation criteria are presented during the first lecture in the auditorium and are posted on the electronic course page.</p>		

#### 5. BIBLIOGRAPHY

*Suggested Bibliography:*

- Bateman, A. & Holms, J. (2001). *Εισαγωγή στην ψυχανάλυση: θεωρία και πρακτική [Introduction to psychoanalysis: theory and practice]* (Ι. Τέττερη μετ.). Αθήνα: Καστανιώτης (πρωτότυπη έκδοση 1995).

- Fink, B. (2006). *Εισαγωγή στη Λακανική Ψυχανάλυση: Θεωρία και τεχνική [Introduction to Lacanian Psychoanalysis: Theory and Clinic]* (N. Ηλιάδης μετ.). Αθήνα: Πλέθρον (πρωτότυπη έκδοση 1997).
- McWilliams, N. (2012). *Ψυχαναλυτική διάγνωση: Η κατανόηση της δομής της προσωπικότητας στα πλαίσια της κλινικής διαδικασίας [Psychoanalytic Diagnosis]* (Α. Καραμπέτσου & Τ. Αναγνωστοπούλου, Μετ.). Θεσσαλονίκη: Ινστιτούτο Ψυχολογίας και Υγείας (πρωτότυπη έκδοση 1994).

*-Related scientific journals:*

*Journal of the American Psychoanalytic Association*

*The International Journal of Psychoanalysis*

*The Psychoanalytic Review*

*Psychoanalytic Inquiry*

*Psychoanalysis, Culture and Society*

*Psychoanalytic Psychology*

*International Journal of Applied Psychoanalytic Studies*