

COURSE OUTLINE

(1) GENERAL

SCHOOL	SOCIAL SCIENCES		
SECTION	PSYCHOLOGY		
LEVEL OF STUDY	UNDERGRADUATE		
COURSE CODE	PSY-2502	SEMESTER OF STUDIES	3rd
COURSE TITLE	PSYCHOLOGY OF ADDICTIONS		
INDEPENDENT TEACHING ACTIVITIES <i>in case the credits are awarded to distinct parts of the course, e.g. Lectures, Laboratory Exercises, etc. If the credits are awarded uniformly for the entire course, indicate the weekly teaching hours and the total credits</i>	WEEKLY TEACHING HOURS	CREDITS	
Lectures by the Teacher	3	4	
<i>Add rows if needed. The organization of teaching and the teaching methods used are described in detail in (d).</i>			
COURSE TYPE <i>general background, special background, specialization, general knowledge, skills development</i>	Scientific Area (Optional)		
PREREQUISITE COURSES:	NO		
LANGUAGE OF INSTRUCTION AND EXAMINATIONS:	Greek		
THE COURSE IS OFFERED TO ERASMUS STUDENTS	Yes. Study materials will be provided in English. Final exams will be in English.		
ONLINE COURSE PAGE (URL)	The course page is not available in English.		

(2) LEARNING OUTCOMES

<p>Learning Outcomes</p> <p><i>The learning outcomes of the course are described, the specific knowledge, skills and abilities of an appropriate level that students will acquire after the successful completion of the course.</i></p> <p>Consult Appendix A</p> <ul style="list-style-type: none"> • Description of the Level of Learning Outcomes for each cycle of study according to the Qualifications Framework of the European Higher Education Area • Descriptive Indicators of Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Annex B • Summary Guide to Writing Learning Outcomes
<p>In this course, students will deal with the basic concepts, scientific theories and research results in the field of substance addictions (e.g. alcohol, cannabis, opiates, etc.) and behavioral addictions (e.g. gambling, internet use, etc.).</p> <p>The course has as its starting point basic theoretical approaches in the field of Clinical Psychology and Health Psychology which students were taught in the context of the background courses (e.g. Biological Bases of Behavior I, Psychology and Health, Mental Health and Psychopathology).</p> <p>The course focuses and deepens in those fields of study of the above modules that concern the definition of basic concepts of addictions, the presentation of the clinical characteristics of addiction, the psychological, social and biological factors of addiction development and maintenance, the therapeutic treatment of addictions,</p>

and modern addiction research practices.

During the lectures, students are expected to:

- They can accurately describe basic clinical terms around addictions, such as "dependence", "endurance", "deprivation syndrome", etc.
- They can accurately list and describe the key clinical features of addictions, such as DSM V and ICD – 11 diagnostic criteria.
- They can accurately name and describe the psychological, social and biological theories that attempt to explain the nature of the phenomenon of dependence and how it develops and maintains.
- They can accurately name and describe the main addiction treatment programs such as substitution programs, therapeutic communities, etc.
- They can report on the ways in which basic addiction research tools are used, such as substance use questionnaires, as well as modern data collection methods such as Ecological Momentary Assessment.

3)

General Competencies

Taking into account the general competencies that the graduate must have acquired (as listed in the Diploma Supplement and listed below), which / which of them is the course aimed at?.

<i>Search, analyze and synthesize data and information, using the necessary technologies</i>	<i>Project planning and management</i>
<i>Adapting to new situations</i>	<i>Respect for diversity and multiculturalism</i>
<i>Decision-making</i>	<i>Respect for the natural environment</i>
<i>Autonomous work</i>	<i>Demonstrate social, professional and ethical responsibility and gender sensitivity</i>
<i>Teamwork</i>	<i>Criticism and self-criticism</i>
<i>Working in an international environment</i>	<i>Promoting free, creative and inductive thinking</i>
<i>Working in a multidisciplinary environment</i>	<i>.....</i>
<i>Generating new research ideas</i>	<i>Other...</i>
	<i>.....</i>

- Autonomous work.
- Exercise of criticism and self-criticism.
- Promotion of free, creative and inductive thinking.
- Other:
 - o Information processing and sorting.
 - o Study of bibliography and educational material.

COURSE CONTENT

The content of the course is linked to the 5 main axes of the curriculum: Scientific Foundations [1], Scientific Research and Critical Thinking [2], Ethical and Social Responsibility [3], Communication Skills [4], Basic Preparation for Career and Professional Rehabilitation Decisions [5]. Next to each week, the number(s) of the axis to which it is connected should be indicated.

Week 1: History of Addictions - Part A [1, 3]

Week 2: Clinical Characteristics of Addictions [1, 4, 5]

Week 3: Addictive Substances - Part A (Alcohol, Nicotine, Cannabis) [1]

Week 4: Addictive Substances - Part B (Opioids, Entering, Hallucinogenic Drugs) [1]

Week 5: Behavioral Addictions - Part A (Gambling and the Internet) [1]

Week 6: Behavioral Addictions - Part B (Sex and Food) [1]

Week 7: Theoretical Approaches to Addiction – Part A (Psychodynamic Theories, Behavioral Theories, Cognitive Theories) [1]

Week 8: Theoretical Approaches to Addiction – Part B (Socio-Psychological Factors) [1]

Week 9: Theoretical Approaches to Addiction – Part C (Personality, Biological Factors, The "Brain Disease" Controversy) [1]

Week 10: Therapeutic Approaches - Part A (Therapeutic Pathway, Pharmaceutical Treatment, Psychological Interventions) [1]

Week 11: Therapeutic Approaches - Part B (Therapeutic Communities, Self-Help Groups - 12 Steps) [1]

Week 12: Guest Lecture (A selected speaker is invited every semester and the exact topic is determined in consultation with the speaker)[1, 2, 5]

Week 13: Reflection and Workshop Closure [1, 3, 4]

