

COURSE OUTLINE

1. GENERAL

SCHOOL	SOCIAL SCIENCES		
DEPARTMENT	PSYCHOLOGY		
LEVEL	UNDERGRADUATE		
COURSE CODE	PSY-1403	SEMESTER	2 nd
COURSE TITLE	INTRODUCTION TO CROSS-CULTURAL PSYCHOLOGY		
TEACHING ACTIVITIES	WEEKLY HOURS	ECTS	
Lectures, demonstration of videos, brainstorming, case studies	3	4	
COURSE TYPE	Optional		
PREREQUISITES COURSES:	None		
INSTRUCTION/EXAM LANGUAGE:	Greek		
OFFERED TO ERASMUS STUDENTS:	Yes (independent study of English literature under the guidance of the instructor)		
COURSE WEB PAGE (URL):	https://elearn.uoc.gr/course/view.php?id=5683		

2. LEARNING OUTCOMES

Learning Outcomes
<p><i>The aim of this course is to provide an introduction to the effects of culture on different aspects of behavior (both normal and abnormal).</i></p> <p>At the end of the course, students must be able to:</p> <ul style="list-style-type: none"> • Define the scientific area of Cross-Cultural Psychology and become familiar with the research strategies of Cross-Cultural Psychology. • Realize the effect of culture on different aspects of human behavior (e.g., emotions, perception, different states of consciousness). • Realize the limitations of psychometric tests, when these tests are applied in individuals coming from non Western cultures. • Realize the relativity of self and interpersonal relationships. • Find out the reasons of conflicts between groups of different cultural background and the role that ethnocentrism, prejudice and racism play in these conflicts. • Realize the problems that immigrants and refugees face in their acculturation process. • Realize the challenges of diagnosis and counseling with individuals from different cultural backgrounds.
General Competences
<ul style="list-style-type: none"> • Critical thinking and self-criticism • Production of free, creative and inductive thinking

- Respect of diversity and multiculturalism
- Work in international context
- Social, professional, and ethic responsibility in gender issues
- Adaptation to new circumstances
- Production of new scientific ideas

3. COURSE CONTENT

- Week 1: Definition of Cross-Cultural Psychology and culture
- Week 2: Methodology of Cross-Cultural and Cultural Psychology: Emic and Etic Research paradigms
- Week 3: Cross-Cultural aspects of cognitive processes and perception
- Week 4: The measurement of intelligence in individuals from different cultures.
- Week 5: The cross-cultural approach of developmental psychology
- Week 6: The self in cultural context
- Week 7: Emotions, motives & behavior
- Week 8: Communication and personal relationships in different cultural contexts: Romantic relationships, friendships, and family relationships.
- Week 9: Intergroup relationships: Ethnocentrism, stereotypes, prejudices, and racism
- Week 10: Immigrants: Acculturation and adaptation
- Week 11: Psychological health of refugees
- Week 12: Culture and psychopathology: Issues of diagnosis and counseling
- Week 13: Conclusions and clarifying meanings

4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

INSTRUCTION METHOD	In class (face-to-face). T		
INFORMATION AND COMMUNICATION TECHNOLOGIES USED	Use of ICT in teaching Support for learning (communication with students and delivery of all course material) via the UoC e-learn online platform.		
TEACHING ORGANIZATION	<i>Activity</i>	<i>Semester Work load</i>	<i>ECTS credits</i>
	Lectures	39	1,56
	Independent study for final exams	60	2,4
	Participation in final exams	2	0,08
	<i>Course Total</i>	<i>101</i>	<i>4,04</i>

STUDENT EVALUATION	<p>The evaluation is in Greek for the students of UoC and in English for the Erasmus students.</p> <p>The evaluation criteria will be by means of:</p> <p>I. Final exams (100%)</p> <p>The evaluation criteria are presented during the 1st lecture of the semester. Moreover, all criteria are available to the students via the web-site of course on UoC e-learn platform.</p>
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5. BIBLIOGRAPHY

Basic bibliography:

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Shiraev, E., & Levy, D. (2018). *Διαπολιτισμική Ψυχολογία*. Πεδίο

Smith, P. B. & Bond, M. H. (2005). *Διαπολιτισμική Κοινωνική Ψυχολογία* Ελληνικά Γράμματα.

Optional:

- Berry, J. W. (1997). Immigration, acculturation and adaptation. *Applied Psychology: An International Review*, 46 (1), 5-34.
- Georgas, J. Berry, J. W. Van de Vijver, F. J. R. Kagitcibasi, C. & Poortinga, Y. H. (2006). *Families across cultures: A 30-nation psychological study*. Cambridge University Press.
- Heine, S. J. Lehman, D. R., Peng, K. & Greenholtz, J. (2002). What's wrong with cross-cultural comparisons of subjective Likert scales? The reference- group effect. *Journal of Personality and Social Psychology*, 82, 903- 918.
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- Κατέρη, Ε. Πουρκός, & Μ. Νέστορος, Ι. Ν. (2002). Πολιτισμός και ψυχοπαθολογία: συνεπαγωγές των πολιτισμικών διαφορών για την ψυχολογική γνώση και την ψυχοθεραπευτική προσέγγιση. Στο Ν. Πολεμικός, Μ. Καίλα & Φ. Καλαβάσης (Επιμ.), *Εκπαιδευτική, Οικογενειακή και Πολιτική Ψυχοπαθολογία: Τόμος Α: Θέματα Ψυχοπαθολογίας σε Παιδιά και Εφήβους* (σελ. 366- 387). Εκδόσεις Ατραπός.
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- Kirchner-Häusler, A., De Leersnyder, J., Uskul, A. K., Mirzada, F., Vignoles, V. L., Rodríguez-Bailón, R., ... & Uchida, Y. (2023). Cultural fit of emotions and subjective well-being: Replicating comparative evidence and extending it to the Mediterranean region. *Current Research in Ecological and Social Psychology*, 5, 100171.
- Kirchner-Häusler, A., Schönbrodt, F. D., Uskul, A. K., Vignoles, V., Rodríguez-Bailón, R.,

Cross, S. E., Gezici-Yalçın, M., Harb, C., Husnu, S., Keiko, I., Karamaouna, P., Kafetsios, K., Kateri, E., Matamoros-Lima, J., Miniesy R., Na, J., Özkan, Z., Pagliaro, S., Psaltis, C., Rabie, D., Teresi, M., & Uchida, Y. (2022). Proximal and distal honor fit and subjective well-being in the Mediterranean region. *Journal of Personality*, 92(1), 38-54.

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- Oishi, S. Koo, M. & Akimoto, S. (2008). Culture, interpersonal perceptions and happiness in social interactions. *Personality and Social Psychology Bulletin*, 34, 307-320.
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- Uskul, A. K., Hanel, P. H., Kirchner-Häusler, A., Vignoles, V. L.,..... & Uchida, Y. (2024, acceptance date). Differences and Similarities in Psychological Characteristics between Cultural Groups Circum Mediterranean. *Journal of Personality and Social Psychology*.

-Related scientific journals:

- Journal of Cross-Cultural Psychology
- Journal of Intercultural Relations
- British Journal of Social Psychology
- Journal of Personality and Social Psychology
- Current Research in Ecological and Social Psychology
- Culture, Medicine, and Psychiatry