

## COURSE OUTLINE

### 1. GENERAL

FACULTY		SOCIAL SCIENCES	
DEPARTMENT		PSYCHOLOGY	
LEVEL OF STUDY		Undergraduate	
COURSE CODE	Ψ4612	SEMESTER OF STUDY	F (6th)
COURSE TITLE	Research and experimental methods to study substance use behaviors.		
COURSE MANAGER	Panagiotis Spanakis		
SCIENTIFIC SPECIALIZATION	Special Teaching Staff (Addiction Psychology)		
INDEPENDENT TEACHING ACTIVITIES		WEEKLY TEACHING HOURS	CREDITS
Lectures, Laboratory Exercises, Practical Training in Experimental Techniques		3	6
COURSE TYPE	Skills Development		
PREREQUISITES COURSES:	Research Methodology in Social Sciences I		
LANGUAGE OF INSTRUCTION AND EXAMINATIONS:	Greek		
THE COURSE IS OFFERED IN ERASMUS STUDENTS	No		
COURSE WEBSITE (URL)	<a href="https://elearn.uoc.gr/course/view.php?id=3583">https://elearn.uoc.gr/course/view.php?id=3583</a>		

### 2. LEARNING OUTCOMES

Learning Outcomes
<p><i>The Laboratory focuses on a) the cognitive-motivational basis of substance use behaviours and b) advanced methods and statistics to conduct a cognitive-experimental study to understand substance use behaviour (e.g. smoking, alcohol use).</i></p> <p><i>After the completion of the Laboratory and with independent study, it is expected that students will be able to:</i></p> <ul style="list-style-type: none"> <li>- <i>Understand the cognitive-motivational nature of substance use behaviours and know the basic experimental paradigms to measure these phenomena.</i></li> <li>- <i>Be familiar with Ecological Momentary Assessment and collecting simple real-world data.</i></li> <li>- <i>Analyze quantitative data with regression analysis</i></li> <li>- <i>Be able to create a basic cognitive experiment with OpenSesame.</i></li> </ul>
<b>General Competencies</b>

- Search, analyze and synthesize data and information, using the necessary technologies
- Data analysis
- Autonomous work
- Teamwork
- Generation of research ideas
- Design and management of experimental projects
- Promoting free, creative and inductive thinking

### 3. COURSE CONTENT

1. Introduction
2. Cognitive underpinning of addiction (Implicit Cognitions)
3. Cognitive tasks to measure automatic and implicit attention towards substance-use related cues (e.g. Addiction Stroop Task and Visual Probe Task).
4. Cognitive tasks to measure automatic and implicit approach towards substance-use related cues (e.g. Automatic Approach Task) and implicit memories (Implicit Associations Task).
5. Setting up a cognitive task to explore substance use behaviours
6. Building a cognitive tasks with OpenSesame
7. Ecological Momentary Assessment for real-world measures outside the laboratory
8. Logistic Regression statistical analysis
9. Brief introduction to the concept of multilevel data
10. Preparation for the presentation session

### 4. TEACHING AND LEARNING METHODS - ASSESSMENT

<b>DELIVERY METHOD</b>	In person		
<b>USE OF INFORMATION AND COMMUNICATION TECHNOLOGIES</b>	Use of ICT in teaching. Support of the learning process through the electronic platform e-learn.		
<b>TEACHING ORGANIZATION</b>	<i>Activity</i>	<i>Semester Workload</i>	<i>ECTS credits</i>
	Lectures	36	1,44

	<i>Preparation of research exercise and individual study</i>	45	1,80
	<i>Conducting a research exercise</i>	45	1,80
	<i>Analysis data and Final presentation</i>	30	1,20
	<b>Total Course</b>	<b>156</b>	<b>6,24</b>
<b>STUDENT EVALUATION</b>	<p>The evaluation is in Greek</p> <ul style="list-style-type: none"> <li>- Participation and completion of laboratory exercises (30%)</li> <li>- Extended Abstract in scientific conference standards (40%)</li> <li>- Presentation of a research proposal according to the standards of a scientific conference (30%)</li> </ul>		

## 5. RECOMMENDED-BIBLIOGRAPHY

Ενδεικτικά

Cox, W. M., Fadardi, J. S., & Pothos, E. M. (2006). The addiction-stroop test: Theoretical considerations and procedural recommendations. *Psychological bulletin*, 132(3), 443-476. doi:10.1037/0033-2909.132.3.443

Field, M., & Cox, W. M. (2008). Attentional bias in addictive behaviors: a review of its development, causes, and consequences. *Drug and alcohol dependence*, 97(1), 1-20. doi:10.1016/j.drugalcdep.2008.03.030

Shiffman, S. (2009). Ecological momentary assessment (EMA) in studies of substance use. *Psychological Assessment*, 21(4), 486-497. doi:10.1037/a0017074