

Stefanos Mastrotheodoros, PhD

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EDUCATION

Ph.D. Department of Youth and Family, Utrecht University, the Netherlands (2020).

Dissertation: "[Development and Transformation: Parenting, Parent-Adolescent Relationships, and Family Dynamics Across Adolescence](#)".

Ph.D. Department of Psychology, University of Athens, Greece (2015).

Dissertation: "Attachment, Developmental Tasks, and Psychological Well-Being: A Longitudinal Study in Late Adolescence".

M.Sc. Clinical Psychology; Department of Psychology, University of Athens, Greece (2009).

Thesis: "Self-efficacy beliefs, academic achievement, and psychological symptoms in adolescence: A longitudinal study". Grade Point Average: Excellent, 9.26/10.

B.Sc. Psychology; Department of Psychology, University of Athens, Greece (2006).

Grade Point Average: Excellent 9.43/10.

ACADEMIC PROFESSIONAL EXPERIENCE

Assistant Professor (2022-present)

Department of Psychology, School of Social Sciences, University of Crete, Greece.

Post-Doctoral Researcher (2020-present)

Department of Youth and Family, Research Centre Adolescent Development, Utrecht University, the Netherlands.

Research Project: InTransition: Development of Identity and Relationships during Transitions in Adolescence | P.I.: Prof. Susan Branje, Ph.D. | Funded by the European Research Council – Consolidator Grant.

Investigation of the epigenetic factors (DNA methylation) that are possibly associated with adolescent psychosocial development.

Visiting Scholar, University of Wisconsin-Madison, USA (4/2019-6/2019)

Department of Family Studies and Human Development, Research visit at Prof. Lauren Papp's lab.

Research Assistant (2011-2015)

National Kapodistrian University of Athens, Greece. Research Project: Positive Adaptation of Immigrant and Native Youth During Times of Economic Downturn: Vulnerability and Resilience Processes (PAYED). Principal Investigator: Professor Frosso Motti-Stefanidi.

Job Responsibilities: Coordination of a team of research assistants, Data collection planning, Data Input planning, Statistical data analysis, Presentation of results in conferences and workshops, Project reports.

Research Assistant (2010-2011)

Aristotle University of Thessaloniki and University of Athens, Greece. Research assistant in the project “Education of Immigrant and Repatriated Students” - Action 6: Psychological Interventions.

Job Responsibilities: Coordination of data collection from teachers, parents, and children of ages 5-15 years, in 4 cities around Greece (Thessaloniki, Volos, Athens, Rethymno).

TEACHING EXPERIENCE

Winter Semester (starting September 2022, ongoing)

Department of Psychology, University of Crete

- 1) *Developmental Psychology II* (adolescence, to older age), mandatory course (> 150 participating students).
- 2) *Psychosocial Development in Adolescence: Autonomy, Family Relationships, and Resilience*, elective course-seminar.

Spring Semester (starting February 2022, ongoing)

Department of Psychology, University of Crete:

- 1) *Statistics I*, mandatory course (> 150 participating students).
- 2) *Introduction to Longitudinal Data Analysis with R*, elective course-workshop (hands-on).

December 15th-16th 2022: *Structural Equation Modeling*. Two-day online introductory and intermediate workshop for the members of the DECIDE project (P.I. Dr. Marina Merkas), Catholic University of Croatia, Zagreb. In collaboration with Susanne Schulz, MSc (Utrecht University)

March-April 2021: Mentor of Maya Shanetzki (PhD student, Bar Ilan University, Israel) in preparation for the preconference event “Development of Refugee Children and Youth Living in Camps during COVID-19” at the SRCD Biennial 2021 conference.

March 2021: *Advanced Structural Equation Modeling*. Online workshop for the European Association for Research on Adolescence. In collaboration with Susanne Schulz, MSc (Utrecht University)

September 2020: *Advanced Structural Equation Modeling*. Preconference Workshop for young scholars taught in collaboration with Susanne Schulz, MSc (Utrecht University) at the 17th Biennial Conference of the European Association for Research on Adolescence (EARA). Porto, Portugal (moved to online format due to COVID-19-related disruptions).

April 2020-June 2020: *Introduction to Data Analysis with R*. Co-organizing and presenting a series of 6 lectures at departmental meetings. Department of Youth and Family, Utrecht University.

August 2019: *Writing a research paper in the psychological and social sciences*. Preconference Workshop taught at the 19th European Conference on Developmental Psychology (ECDP). Athens, Greece.

March 2016-February 2019: *Introduction to Psychology | Development of Personality and Personal Identity in Context | Family Relationships | Resilience in Development*. Teaching Undergraduate Lectures. Department of Youth and Family, Utrecht University.

March 2016-June 2018: *Bachelor Thesis supervision (5 students)*. Department of Youth and Family, Utrecht University.

September 2013-December 2015: *Tutor. Methods and Statistics in Psychology*. Teaching tutorial classes to students preparing for national examinations to enter Psychology programs at public universities. Private University Tutorial School “Papaioannou”.

September 2011-May 2012: *Tutor. Introduction in Psychology | Developmental Psychology | Psychology and Eating Behavior*. Public Colleges - Post-secondary Education Institutes.

October 2006-October 2015: *Teaching Assistant. Psychoanalytical Theories of Personality | Attachment Theory | Socio-cognitive Theory | Personality Development | Psychology of Motivation*

| *Bachelor Thesis supervision (5 students)*. Department of Psychology, University of Athens, Greece.

PUBLICATIONS

Citations in Google Scholar: 528; h-index: 13; i-10 index: 13

Citations in Scopus: 245; h-index: 10

Peer-Reviewed Journals

(* denotes shared first-authorship)

(**IF**: Web of Science **Impact Factor** | **CS**: Scopus **Cite Score**)

1. Jiang, C., **Mastrotheodoros, S.**, Zhu, Y., Yang, Y., Hallit, S., Zhao, B., Fan, Y., Huang, M., Chen, C., Ma, H., & Meng, R. (2023). The Chinese Version of the Perceived Stress Questionnaire-13: Psychometric Properties and Measurement Invariance for Medical Students. *Psychology Research and Behavior Management*, 16, 71–83. <https://doi.org/10.2147/PRBM.S385510> [2021 IF: **3.974** | 2021 CS: **3.9**]
2. Meng, R., Kato, T., **Mastrotheodoros, S.**, Dong, L., Fong, D. Y. T., Wang, F., Cao, M., Liu, X., Yao, C., Cao, J., Yu, Y., Luo, Y., Yu, C., & Gozal, D. (2022). Adaptation and validation of the Chinese version of the Sleep Quality Questionnaire. *Quality of Life Research*. <https://doi.org/10.1007/s11136-022-03241-9> [2021 IF: **3.440** | 2021 CS: **6.6**]
3. Nelemans, S. A., **Mastrotheodoros, S.**, Çiftçi, L., Meeus, W., & Branje, S. (2022). Do You See What I See? Longitudinal Associations Between Mothers' and Adolescents' Perceptions of Their Relationship and Adolescent Internalizing Symptoms. *Research on Child and Adolescent Psychopathology (formerly known as Journal of Abnormal Child Psychology)*. <https://doi.org/10.1007/s10802-022-00975-5> [2021 IF: **4.096** | 2021 CS: **6.0**]
4. Lan, X. & **Mastrotheodoros, S.**, (2022). Teacher Autonomy Support and Internalizing Problems of Adolescents from Divorced and Intact Families: Moderation by Personality Typologies. *Child Psychiatry and Human Development*. DOI: <https://doi.org/10.1007/s10578-022-01392-x> [2021 IF: **2.776** | 2021 CS: **4.1**]
5. Motti-Stefanidi, F., Pavlopoulos, V., **Mastrotheodoros, S.**, & Asendorpf, J.B. (2022). Resilience during a Great Economic Recession: Social and Personal Resources for Youth's Positive Adaptation in the School Context. *Journal of Adolescence*. <https://doi.org/10.1002/jad.12055> [2021 IF: **3.675** | 2021 CS: **5.5**]
6. Marchi, M., Elkrief, L., Alkema, A., van Gastel, W., Schubart, C.D., van Eijk, K.R., Luykx, J.J., Branje, S., **Mastrotheodoros, S.**, Galeazzi, G.M., van Os, J., Cecil, C.A., Conrod, P.J., Boks, M.P. (2022). Childhood maltreatment mediates the effect of the genetic background on psychosis risk in young adults. *Translational Psychiatry*. [2021 IF: **7.989** | 2021 CS: **8.5**]
7. Ma, C., Lan, X., & **Mastrotheodoros, S.** (2022). Linking classmate autonomy support with prosocial behavior in Chinese left-behind adolescents: The moderating role of self-esteem and grit. *Personality and Individual Differences*, 195. <https://doi.org/10.1016/j.paid.2022.111679> [2021 IF: **3.950** | 2021 CS: **5.3**]
8. *Donker, M. H., ***Mastrotheodoros, S.**, & Branje, S. (2021). Development of Parent-Adolescent Relationships During the COVID-19 Pandemic: The Role of Stress and Coping. *Developmental Psychology*. <https://doi.org/10.1037/dev0001212> [2021 IF: **4.497** | 2021 CS: **6.1**]

9. Papanikolopoulos, P., **Mastrotheodoros, S.**, Papanikolopoulou, S., Parlapani, E., & Kaprinis, S. G. (2021). The Brief Self-Control Scale: Dimensionality and Psychometric Properties in Greek. *European Journal of Developmental Psychology – Developmetrics*. <https://doi.org/10.1080/17405629.2021.1964070> [2021 IF: **1.807** | 2021 CS: **3.8**]
10. **Mastrotheodoros, S.**, Kornienko, O., Umaña-Taylor, A. J., & Motti-Stefanidi, F. (2021). Developmental Interplay Between Ethnic, National, and Personal Identity in Immigrant Adolescents. *Journal of Youth and Adolescence*. <https://doi.org/10.1007/s10964-021-01434-y> [2021 IF: **5.625** | 2021 CS: **6.7**]
11. **Mastrotheodoros, S.**, Papp, L., Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2021). Explaining Heterogeneity of Daily Conflict Spillover in the Family: The Role of Marital Conflict Configurations. *Family Process*. <https://doi.org/10.1111/famp.12648> [2021 IF: **4.319** | 2021 CS: **4.7**]
12. **Mastrotheodoros, S.**, Pavlopoulos, V., & Motti-Stefanidi, F. (2020). Utrecht-Management of Identity Commitments Scale (U-MICS): Greek Adaptation and Measurement Invariance Across Time and Ethnic Groups. *European Journal of Developmental Psychology*. <https://www.doi.org/10.1080/17405629.2020.1852921> [2021 IF: **1.807** | 2021 CS: **3.8**]
13. Motti-Stefanidi, F., Pavlopoulos, V., Papathanasiou, N., & **Mastrotheodoros, S.** (2020). Immigrant and Refugee Adolescents' Resilient Adaptation: Who does well and why? *Psychology: the Journal of the Hellenic Psychological Society*, 25(1). DOI: https://doi.org/10.12681/psy_hps.25334
14. **Mastrotheodoros, S.**, Van Lissa, C.J., Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2020). Day-to-Day Spillover and Long-term Transmission of Interparental Conflict to Mother-Adolescent Conflict: The Role of Mood. *Journal of Family Psychology*, 34(8), 893–904. <https://doi.org/10.1037/fam0000649> [2021 (IF): **3.302** | 2021 (CS): **3.9**]
15. Motti-Stefanidi, F., Pavlopoulos, V., **Mastrotheodoros, S.**, & Asendorpf, J.B. (2020). Longitudinal interplay between peer preferences and adolescents' adaptation and wellbeing: A study of immigrant and nonimmigrant students in the Greek school context. *International Journal of Behavioral Development*. <https://doi.org/10.1177/0165025419894721> [2021 IF: **3.021** | 2021 CS: **4.3**]
16. **Mastrotheodoros, S.**, Canário, C., Gugliandolo, M. C., Merkas, M., & Keijsers, L. (2020). Family Functioning and Adolescent Internalizing and Externalizing Problems: Disentangling Between-, and Within-family Associations. *Journal of Youth and Adolescence*, 49(4), 804-817. <https://doi.org/10.1007/s10964-019-01094-z> [2021 IF: **5.625** | 2021 CS: **6.7**]
17. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2020). Parent-Adolescent Conflict Across Adolescence: Trajectories of Informant Discrepancies and Associations with Personality Types. *Journal of Youth and Adolescence*, 49(1), 119-135. DOI: <https://doi.org/10.1007/s10964-019-01054-7> [2021 IF: **5.625** | 2021 CS: **6.7**]
18. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019). Coming closer in adolescence: Convergence in mother, father, and adolescent reports of parenting. *Journal of Research on Adolescence*, 29(4), 846-862. DOI: <https://doi.org/10.1111/jora.12417> [2021 IF: **3.563** | 2021 CS: **5.2**]
19. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019). Interparental Conflict Management Strategies and Parent-Adolescent Relationships: Disentangling

- Between-Person from Within-Person Effects Across Adolescence. *Journal of Marriage and Family*, 81(1), 185-203. DOI: <https://doi.org/10.1111/jomf.12528> [2021 IF: **4.917** | 2021 CS: **6.5**]
20. Stavropoulos, V., **Mastrotheodoros, S.**, Papapetrou, S., Gomez, R., Beard, C., & Motti-Stefanidi, F. (2019). Measurement invariance: The case of measuring romantic attachment in Greek and Cypriot adolescents. *European Journal of Developmental Psychology*, 16(3), 362-371. DOI: <https://doi.org/10.1080/17405629.2017.1414696> [2020 IF: **2.081** | 2020 CS: **3.5**]
21. Stavropoulos, V., **Mastrotheodoros, S.**, Burleigh, T., Papadopoulos, N., & Gomez, R. (2018). Avoidant Romantic Attachment in Adolescence: Gender, Excessive Internet Use and Romantic Relationship Engagement Effects. *PLoSone*, 13(7). DOI: <https://doi.org/10.1371/journal.pone.0201176> [2020 IF: **3.240** | 2020 CS: **5.3**]
22. *Lionetti, F., ***Mastrotheodoros, S.**, & *Palladino, B. (2018). Experiences in Close Relationships Revised Child version (ECR-RC): Psychometric evidence in support of a Security Factor. *European Journal of Developmental Psychology*, 15(4), 452-463. DOI: <https://doi.org/10.1080/17405629.2017.1297228> [2020 IF: **2.081** | 2020 CS: **3.5**]
23. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2017). Dimensions of Identity Development Scale: A Test of Measurement Invariance in Greek Adolescents. *European Journal of Developmental Psychology*, 14(5), 605-617. DOI: <https://doi.org/10.1080/17405629.2016.1241175> [2019 IF: **2.063** | 2019 CS: **2.15**]
24. **Mastrotheodoros, S.**, Chen, B.-B., & Motti-Stefanidi, F. (2015). Experiences in Close Relationships-Revised (ECR-R): Measurement (non-) Invariance across Chinese and Greek Samples. *European Journal of Developmental Psychology*, 12(3), 344-358. DOI: <https://doi.org/10.1080/17405629.2015.1021327> [2016 IF: **1.302** | 2019 CS: **2.4**]
25. He J., van de Vijver, F.J.R., Dominguez Espinosa, A., Abubakar, A., Dimitrova, R., Adams, B., Aydinli, A., Atitsogbe, K., Alonso-Arbiol, I., Bobowik, M., Fischer, R., Jordanov, V., **Mastrotheodoros, S.**, Neto, F., Ponizovsky, Y.J., Reb, J., Sim, S., Sovet, L., Stefenel, D., Suryani, A.O., Tair, E., & Villieux, A. (2015). Socially Desirable Responding: Enhancement and Denial in 20 Countries. *Cross-Cultural Research*, 49(3), 227-249. DOI: <https://doi.org/10.1177/1069397114552781> [2017 IF: **0.975** | 2017 CS: **2.4**]
26. **Mastrotheodoros, S.**, Dimitrova, R., Motti-Stefanidi, F., Abubakar, A., & van de Schoot, R. (2012). Measurement Invariance of the Multigroup Ethnic Identity Measure (MEIM) across Bulgarian, Dutch, and Greek samples. *European Journal of Developmental Psychology*, 9(4), 508-515. DOI: <https://doi.org/10.1080/17405629.2012.688099> [2014 IF: **1.721** | 2014 CS: **2.7**]

Chapters in Peer-Reviewed, Edited Books

27. Branje, S., **Mastrotheodoros, S.**, & Laursen, B. (2021). Family Relationships During Adolescence. In A. L. Vangelisti, *The Routledge Handbook of Family Communication* (3rd ed., pp. 247-261). Routledge. <https://doi.org/10.4324/9781003043423-22>
28. **Mastrotheodoros, S.**, Talias, M. A., & Motti-Stefanidi, F. (2018). Goal Orientations Profiles, Academic Achievement and Well-Being of Adolescents in Greece. In R. Dimitrova (Ed.), *Well-Being of Youth and Emerging Adults across Cultures*, 105-120. New York: Springer. DOI: https://doi.org/10.1007/978-3-319-68363-8_8
29. Dimitrova, R., Özdemir Bayram, S., Farcas, D., Kasic, M., **Mastrotheodoros, S.** Michałek, J., & Stefenel, D. (2018). Is There a Paradox of Adaptation in Immigrant Children and Youth across Europe? A

Literature Review. In R. Dimitrova (Ed.), *Well-Being of Youth and Emerging Adults across Cultures*, 261-298. New York: Springer. DOI: https://doi.org/10.1007/978-3-319-68363-8_18

30. Motti-Stefanidi, F., Papathanasiou, N., **Mastrotheodoros, S.**, & Pavlopoulos, V. (2017). Youth Adaptation during the Current Great Economic Recession in Greece: Risk and Resilience. In A. C. Petersen, S. H. Koller, F. Motti-Stefanidi, & S. Verma (Eds.), *Positive Youth Development in Global Contexts of Social and Economic Change* (pp. 98-109). London: Routledge.
31. Motti-Stefanidi, F., **Mastrotheodoros, S.**, & Papathanasiou, A. C. (2015). Children and Adolescents in the Globalization Era. In: F. Motti-Stefanidi (Ed.) *Children and Adolescents in a Fast-Changing World: Adaptation and Development*. Athens: Estia (in Greek).
32. Motti-Stefanidi, F., Papathanasiou, A. C., Anagnostaki, L., **Mastrotheodoros, S.**, Georgiou, P., & Pavlopoulos, V. (2011). Parent-adolescent conflicts as a risk factor for the resilience of immigrant adolescents. In: A. Matsopoulos (Ed.) *From Risk to Resilience: Implications at the School and the Family*, vol. 1. Athens: Gramma (in Greek).

Book

1. **Mastrotheodoros, S.** (2020). Development and Transformation: Parenting, Parent-Adolescent Relationships, and Family Dynamics Across Adolescence (ISBN: 978-618-00-1919-3 | <https://dspace.library.uu.nl/handle/1874/397058>). *Doctoral Dissertation, Department of Youth and Family, Utrecht University*. Athens: Stefanos Mastrotheodoros.

Under Review (Research Articles)

(* denotes shared first-authorship)

1. ***Mastrotheodoros, S.**, *Hillekens, J.P., Miklikowska, M., Palladino, B.E., & Lionetti, F. (under review). Is it a Family Affair? Family Functioning, Identity Commitments, and School Adjustment Among Immigrant-Origin and Native Adolescents. <https://psyarxiv.com/9mzet>
2. Jovanović, V., Rudnev, M., Abdelrahman, M., ... Yu, Y.Y. (under review). The Coronavirus Anxiety Scale: Cross-National Measurement Invariance and Convergent Validity.
3. Karakulak, A., Alonso-Arbiol, I., Shukla, S., ... Gkomez, A. (under review). The Perceived Vulnerability to Disease Scale: Cross-cultural Measurement Invariance and Associations with Fear of COVID-19.
4. **Mastrotheodoros, S.**, Boks, M.P., Rousseau, C., Meeus, W., & Branje, S. (under review). Negative Parenting, Epigenetic Age, and Psychological Adjustment: Prospective Associations from Adolescence to Young Adulthood. <https://psyarxiv.com/cbzqx>
5. Van Dijk, R., **Mastrotheodoros, S.**, Van der Valk, I.E., Branje, S., & Deković, M. (under review). Boundary Diffusion and Parent-Child Relationship Quality after Divorce: Daily and Long-Term Associations.
6. Yegaei, P.S., Achenbach, T.M., Trejos-Castillo, E., **Mastrotheodoros, S.**, Izanloo, B., Momeni, S., Asagarabad, M.H. (under review). Dimensions of Identity Development Scale: Confirmatory Factor Analysis, Gender Invariance, and external validity of the Persian Version.

Non-Peer Reviewed, Commissioned Reports

1. **Mastrotheodoros, S.** & Ranta, M. (2022). [The effects of COVID-19 on young people's mental health and psychological well-being: An updated literature review](https://pjp-eu.coe.int/en/web/youth-partnership/latest-update-and-analysis). Youth Partnership: European Union & Council of Europe. <https://pjp-eu.coe.int/en/web/youth-partnership/latest-update-and-analysis>

2. **Mastrotheodoros, S.** (2021). *The effects of COVID-19 on young people's mental health and psychological well-being*. Youth Partnership: European Union & Council of Europe. Retrieved on 03.01.2021 from <https://pjp-eu.coe.int/en/web/youth-partnership/latest-update-and-analysis>

CONFERENCE AND WORKSHOP ORGANIZATION

1. **ERU Writing Week 2023**, April 2023, Crete, Greece. Principal organizer as President of the Early Researchers Union (ERU).
2. **[EARA-EADP-SRA Summer School 2022](#)**, August 2022, Dublin, Ireland. Member of the organizing committee of the summer school; representative of the EADP.
3. **Mastrotheodoros, S. & Schulz, S.** (2020, September). *Advanced Structural Equation Modeling*. Preconference Workshop for young scholars presented at the 17th Biennial Conference of the European Association for Research on Adolescence (EARA). Porto, Portugal.
4. **Mastrotheodoros, S.** (2019, August). *Writing a research paper in the psychological and social sciences*. Preconference Workshop for young scholars presented at the 19th European Conference on Developmental Psychology (ECDP). Athens, Greece.
5. **18th European Conference on Developmental Psychology**, August 2017, Utrecht, the Netherlands. Member of the organizing committee for young scholar activities.

CONFERENCE PARTICIPATION

Invited Talks

Mastrotheodoros, S. (2018, November). [*Development of Personal Identity in Adolescents: The Role of Romantic Relationships, and Family Communication*](#). Paper presented at the National Conference on Youth. University of Vilnius, Vilnius, Lithuania.

Mastrotheodoros, S. (2020, September). *Preregistering a study with existing data on Open Science Framework (OSF)*. [Open Science Community Utrecht \(OSCU\) - Utrecht University Faculty of Social and Behavioral Sciences, Symposium on Open Science](#). September 10th, 2020. Utrecht, the Netherlands.

Mastrotheodoros, S. (2021, November). *Development and Transformation: Parenting, Parent-Adolescent Relationships, and Family Dynamics Across Adolescence*. External Seminar Series, School of Psychology and Clinical Language Sciences, University of Reading, United Kingdom.

Organized Symposia

1. Hale, W.W. & **Mastrotheodoros, S.** (2022, June). *The intertwined effects of family interactions and adolescent internalizing and externalizing problems* (Symposium). 26th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD). Rhodes, Greece.
2. **Mastrotheodoros, S. & Schulz, S.** (2019, July). *Family Dynamics and Psychopathology of Parents and Children: Implications for Prevention and Intervention*. Symposium organized in the Department of Child and Adolescent Studies, Faculty of Social and Behavioral Sciences, Utrecht University, the Netherlands.

Keynote Speaker: Melanie Zimmer-Gembeck, Griffith University, Gold Coast, Australia.

3. **Mastrotheodoros, S.** (Chair) (2018, September). *Putting Adolescents' Daily Lives at the Core: From Theory to Practice*. Symposium Organized at the European Association for Research on Adolescence (EARA). Ghent, Belgium.

Presenters: Dr. Stefanos Mastrotheodoros (Utrecht University, The Netherlands); Dr. Olivia Kirtley (Katholieke Universiteit, Leuven, Belgium); Yael Fogel, MSc (University of Haifa, Israel); Dr. Liron Lamash (Tufts University, USA).

4. **Mastrotheodoros, S.** (Chair) (2017, August). *Parenting during adolescence: longitudinal studies exploring antecedents, and outcomes of parental behavior*. Symposium organized at the 18th European Conference on Developmental Psychology (ECDP). Utrecht, the Netherlands.

Discussant: Dr. Loes Keijsers (Tilburg University). Presenters: Dr. Stefanos Mastrotheodoros (Utrecht University, the Netherlands); Dr. Marina Merkas (Croatia University, Croatia); Evelien Dietvorst (Tilburg University, the Netherlands); Dr. Marta Miklikowska (Umea University, Sweden).

Presentations at International Conferences

1. **Mastrotheodoros, S.,** Hillekens, J., Miklikowska, M., Palladino, B.E., & Lionetti, F. (2022, August). Family Functioning, Identity Commitments, and School Adjustment. In Karataş, S. & Eckstein, K. *Adolescents' Multiple Identities: The Role of Family and School Experiences* (Symposium). 18th Biennial Conference of the European Association for Research on Adolescence (EARA). Dublin, Ireland.
2. **Mastrotheodoros, S.,** Canário, C., Gugliandolo, M. C., Merkas, M., & Keijsers, L. (2022, June) Family Functioning and Mental Health During Adolescence: Disentangling Between- and Within-Person Associations. In Hale, W.W. & Mastrotheodoros, S. (chairs). *The intertwined effects of family interactions and adolescent internalizing and externalizing problems* (Symposium). 26th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD). Rhodes, Greece.
3. **Mastrotheodoros, S.** (2022, May). Discussant. In P. Leijten (Chair), *How our Measures of Parenting Impact our Understanding of how Parents Shape Children's Development* [Symposium]. Biennial Conference of the Dutch Society for Developmental Psychology (VNOP), Utrecht, the Netherlands.
4. **Mastrotheodoros, S.,** Boks, M., Rousseau, C., & Branje, S. (2022, May). *Negative Parenting, Epigenetic Age, and Mental Health: Prospective Associations from Adolescence to Young Adulthood*. Flash Talk. Biennial Conference of the Dutch Society for Developmental Psychology (VNOP), Utrecht, the Netherlands.
5. Donker, M. H., **Mastrotheodoros, S.,** & Branje, S. (2021, April). Changing family relationships in early adolescence during the COVID-19 pandemic: The role of parents' and adolescents' stress and coping. In A. Nocentini (Chair), *Family adjustment during the global outbreak of covid-19: A longitudinal and international perspective* [Symposium]. Society for Research in Child Development Biennial Meeting, Minneapolis, Minnesota, USA (online).
6. **Mastrotheodoros, S.,** Van der Graaff, J., Deković, M., Meeus, W., & Branje, S. (2020, September). *Parent-Adolescent Conflict across Adolescence: Trajectories of Informant Discrepancies and Associations with Personality Types*. Paper presented at the 17th Biennial Conference of the European Association for Research on Adolescence (EARA). Porto, Portugal.
7. **Mastrotheodoros, S.,** Kornienko, O., Umaña-Taylor, A., & Motti-Stefanidi, F. (2020, September). *Interplay of Ethnic, National, and Personal Identity for Immigrant Adolescents Living in Greece*. Paper presented at the 17th Biennial Conference of the European Association for Research on Adolescence (EARA). Porto, Portugal.
8. **Mastrotheodoros, S.,** Van Lissa, C.J. Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019, August). *Interparental conflict and mother-adolescent conflict: Longitudinal mediation by mood using annual assessments and daily diaries*. Paper presented at the 19th European Conference on Developmental Psychology (ECDP). Athens, Greece.

9. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019, August). *Development of parent-adolescent (discrepancies in) conflict intensity: The role of personality types*. Paper presented at the 19th European Conference on Developmental Psychology (ECDP). Athens, Greece.
10. **Mastrotheodoros, S.**, Van Lissa, C.J., Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019, March). *Day-to-Day and Long-term Spillover of Marital Conflict to Mother-Adolescent Conflict: The Role of Mood*. Paper presented at the 2019 Biennial Conference of the Society for Research on Child Development (SRCD). Baltimore, MD, USA.
11. **Mastrotheodoros, S.**, Van Lissa, C.J., Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2018, September). *Day-to-Day and Long-term Spillover of Interparental Conflict to Mother-Adolescent Conflict: The Role of Mood*. Paper presented at the 16th Biennial Conference of the European Association for Research on Adolescence (EARA). Ghent, Belgium.
12. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2017, August). *Greek students' identity and well-being: Longitudinal associations during academic decisions*. Paper presented at the 18th Biennial European Conference on Developmental Psychology (ECDP). Utrecht, the Netherlands.
13. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2017, August). *Interparental Conflict and Parent-Adolescent Relationships: Disentangling between-person from within-person effects*. Paper presented at the 18th Biennial European Conference on Developmental Psychology (ECDP). Utrecht, the Netherlands.
14. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2017, April). *Close relationships and personal identity: The longitudinal interplay between attachment and identity during adolescence*. Paper presented at the 2017 Biennial Meeting of the Society for Research in Child Development (SRCD). Austin, TX, the USA.
15. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2016, September). *Development of parenting through the eyes of mothers, fathers, and adolescents*. Paper presented at the 15th Biennial Conference of the European Association for Research on Adolescence (EARA). La Barrosa, Spain.
16. **Mastrotheodoros, S.**, Chen, B.-B., & Motti-Stefanidi, F. (2015, September). *Experiences in Close Relationships-Revised (ECR-R): Measurement (non-) Invariance across Chinese and Greek Samples*. Paper presented at the 17th Biennial European Conference on Developmental Psychology (ECDP). Braga, Portugal.
17. He J., van de Vijver, F.J.R., Dominguez Espinosa, A., Abubakar, A., Dimitrova, R., Adams, B., Aydinli, A., Atitsogbe, K., Alonso-Arbiol, I., Bobowik, M., Fischer, R., Jordanov, V., **Mastrotheodoros, S.**, Neto, F., Ponizovsky, Y.J., Reb, J., Sim, S., Sovet, L., Stefenel, D., Suryani, A.O., Tair, E., & Villieux, A. (2015, September). *Socially Desirable Responding: Enhancement and Denial in 20 Countries*. Paper presented at the 17th Biennial European Conference on Developmental Psychology (ECDP). Braga, Portugal.
18. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2014, June). *Attachment, Identity, and Psychological Adaptation in Late Adolescence: A Longitudinal Study*. Paper presented at the European Association of Developmental Psychology (EADP) Summer school "Risk and Resilience: Multilevel Dynamics". Syros, Greece.
19. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2013, September). *Personal Identity, Psychological Symptoms, and Well-being: A two-wave longitudinal study of Greek adolescents*. Paper presented at the 16th Biennial European Conference on Developmental Psychology (ECDP). Lausanne, Switzerland.

20. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2012, August). *Adaptation of immigrant school-age and adolescent students: Results of a National study*. Paper presented at the 13th Biennial Conference of the European Association for Research on Adolescence (EARA). Spetses, Greece.

Poster Presentations

1. **Mastrotheodoros, S.**, Boks, M.P.M, Rousseau, C., & Branje, S. (2022, June). *Negative Parenting, Epigenetic Age, and Mental Health: Prospective Associations from Adolescence to Young Adulthood*. Poster presented at the 26th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD). Rhodes, Greece.
2. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2017, April). *Development of parenting through the eyes of mothers, fathers, and adolescents*. Poster presented at the 2017 Biennial Meeting of the Society for Research in Child Development (SRCD). Austin, TX, USA.
3. **Mastrotheodoros, S.**, Pavlopoulos, V., & Motti-Stefanidi, F. (2015, September). *The Utrecht Management of Identity Commitments Scale: Psychometric properties on a sample of Greek and immigrant students*. Poster presented at the 17th Biennial European Conference on Developmental Psychology (ECDP). Braga, Portugal.
4. **Mastrotheodoros, S.**, Asendorpf, J., & Motti-Stefanidi, F. (2011, August). *Psychological Adaptation of Immigrants in Adolescence: A multi-level, longitudinal study of risk and resilience*. Poster presented at the 15th European Conference on Developmental Psychology (ECDP). Bergen, Norway.

CONTINUING EDUCATION AND TRAINING

- 2020, Dec. – 2022, April (expected):** Johns Hopkins University, Coursera: **Genomic Data Science.**
- 2021, February – 2021, March:** Wellcome Genome Campus, FutureLearn: **Bioinformatics for Biologists: An introduction to Linux, BASH Scripting, and R.**
- 2020, May:** Harvard University, HarvardX, edX: **Statistical Inference and Modeling for High-throughput Experiments.** Online course (4 weeks; ~16 hours), with graded assignments. Certified attendance and completion.
- 2020, May:** Melbourne University, Coursera: **Epigenetic Control of Gene Expression.** Online course (7 weeks; ~ 40 hours), with graded assignments. Certified attendance and completion.
- 2018, January-ongoing:** Datacamp.com: **Data Scientist with R.** Multi-course career track consisting of 23 multi-chapter courses, 110 hours of online training, including courses on writing functions, data visualization (ggplot2), data handling (dplyr), statistics and more. Certified attendance and completion.
- 2019, August:** Utrecht Summer School: Modeling the **Dynamics of Intensive Longitudinal Data.** (5-day course, 1.5 ECTS). Department of Methods and Statistics, Utrecht University, the Netherlands.
- 2018, May:** Utrecht Summer School: **Applied Bayesian Statistics.** (5-day course, 1.5 ECTS). Department of Methods and Statistics, Utrecht University, the Netherlands.
- 2017, July:** Summer School: International Society for the Study of Behavioral Development (ISSBD), European Association of Developmental Psychology (EADP). Joint summer school: **Positive Youth Development in Times of Social Change.** July 2-6, 2017, Syros, Greece.
- 2016, July:** Utrecht Summer School: **Statistical Programming with R.** (5-day course, 1.5 ECTS). Department of Methods and Statistics, Utrecht University, the Netherlands.
- 2016, March:** Utrecht Summer School: **Multiple Imputation in Practice.** (1-day course, 1 ECTS). Department of Methods and Statistics, Utrecht University, the Netherlands.
- 2015, September:** Summer School: European Association of Developmental Psychology & Jacobs Foundation, 17th Biennial Conference, Pre-conference Workshop: **Academic Grant Writing.**

2014, June: Summer School: European Association for Developmental Psychology & Jacobs Foundation Summer School: **Risk and Resilience: Multilevel Dynamics**. June 14-19, Syros, Greece.
2014, June: Summer School: European Association of Research on Adolescence (EARA) - Society for Research on Adolescence (SRA). June 1st-6th 2014. Utrecht, The Netherlands.

PROFESSIONAL ACTIVITY AND SERVICE

Professional Organization Membership

2021-2023 **President** of the Early Researchers Union (ERU), European Association for Developmental Psychology.
2019-2021 **President Elect** for the Early Researchers Union (ERU), European Association for Developmental Psychology.
2019-Present Netherlands National Representative, Student and Early Career Network (SECNet), European Association for Research on Adolescence (EARA).
2017-2019 Board member of the Early Researchers Union (ERU), European Association for Developmental Psychology.
2017-2020 Pool of European Youth Researchers (PEYR). Youth Partnership, **European Commission & Council of Europe**.
2021-Present Member of the **American Psychological Association (APA)**.
2021-Present Member of the **International Society for Developmental Psychobiology (ISDP)**.
2021-Present Member of the **International Association for Relationship Research (IARR)**.
2017-Present Member of the **Society for Research on Child Development (SRCD)**.
2017-Present Member of the **International Society for the Study of Behavioral Development (ISSBD)**.
2016-Present Member of the **European Association for Research on Adolescence (EARA)**.
2011-Present Member of the **European Association of Developmental Psychology (EADP)**.

EDITORIAL & REVIEW BOARD MEMBERSHIP

2023 Journal of Youth and Adolescence (editorial board member)
2022 Frontiers in Psychology – Pediatric Psychology (Associate Editor)
2021 Journal of Social and Personal Relationships (Advisory Editorial Member)

2022 Reviewer for the 2022 Conference of the International Association for Relationship Research.

Ad-hoc Reviewer

Number of reviews conducted: 61 reviews in 26 journals ([Publons](#))

Child Development | Developmental Psychology | Development and Psychopathology | Journal of Youth and Adolescence | Child Abuse and Neglect | Journal of Adolescence | Journal of Personality | Journal of Personality Assessment | PLOS One | Psychiatry Research | Frontiers in Psychology | Journal of Social and Personal Relationships | Child Psychiatry and Human Development | Self and Identity | Identity | Cyberpsychology: Journal of Psychosocial Research on Cyberspace | Cultural Diversity and Ethnic Minority Psychology | Journal of Cross-Cultural Psychology | Current Psychology | Personal Relationships | Social Science Research | European Journal of Developmental Psychology – Developmental Psychology | International Journal of Adolescence and Youth | Journal of Child and Family Studies | Research Quarterly for Exercise and Sport | International Psychology Bulletin

CLINICAL EXPERIENCE

- Feb 2011–Aug 2015** Psychologist in Private Practice. Adult Counselling, Psychological Assessment (children's intelligence tests, children and adult personality testing).
- Aug 2012–Feb 2013** Child Psychiatric Hospital "Aghia Sophia", Child Psychiatric Department, Child Psychiatry Liaison Clinic, Department of Medicine, University of Athens, Greece.
- Jan 2010–May 2010** Psychologist in the Greek Army
- Oct 2008–Jul 2009** "Athina" Program - Outpatient non-substitution Unit - Aeginition University Clinic, Department of Medicine, University of Athens, Greece. Internship (1500 hours) - Clinical Psychologist. Assessment of Cases of Alcohol/Drug Addiction; Attendance of Therapy Sessions as co-therapist; Attendance of Family Sessions.
- Oct 2007–Jun 2008** Child Psychiatric Hospital "Aghia Sophia", Child Psychiatric Department, Child Psychiatry Liaison Clinic, Department of Medicine, University of Athens, Greece. Internship (1000 hours) - Clinical Psychologist. Inpatient Clinic (5 months); Outpatient Clinic (4 months).

FUNDING

Total amount of travel grants, scholarships and awards: € 36.500.

- € 500, Funding following the Young Scholar Award from the European Association for Research on Adolescence (EARA), to attend the 2022 Biennial conference of EARA (Dublin, Ireland).
- € 500, Funding following the Best Paper Award from the Hellenic Psychological Society – Division for Developmental Psychology (ELPSE, Developmental Psychology).
- € 1500, Funding from the Department of Child and Adolescent Studies (CAS), Utrecht University, to organize workshop "Family Dynamics and Psychopathology of Parents and Children: Implications for Prevention and Intervention", invited keynote speaker: Prof. Dr. Zimmer-Gembeck.
- € 3000, Funding from the Department of Child and Adolescent Studies (CAS), Utrecht University, to conduct a 3-month research visit to the USA, to work in Prof. Dr. Lauren Papp's lab.
- € 1500, Jacobs Foundation travel grant to attend the ECDP 2013, Lausanne, Switzerland.
- € 1500, Jacobs Foundation travel grant to attend the ECDP 2011, Bergen, Norway.
- € 4000, Propondis Foundation scholarship for doctoral studies in Clinical Psychology.
- € 8400, Alexandros Onassis Public Benefit Foundation, scholarship for doctoral studies in Clinical Psychology.
- € 10800, National Scholarship Foundation, scholarship for post-graduate and doctoral studies in Clinical Psychology.
- € 4800, National Scholarship Foundation, honors and awards for best in-class academic achievement for undergraduate studies in Psychology, 2003-2006

AWARDS

August 2022: Young Scholar Award, for my doctoral dissertation, from the European Association for Research on Adolescence (EARA).

May 2022: 2022 Biennial Best Paper Award, for the research article “Parent-adolescent conflict across adolescence: Trajectories of informant discrepancies and associations with personality types”, *Journal of Youth and Adolescence*, 49, 119–135. <https://doi.org/10.1007/s10964-019-01054-7>. Hellenic Psychological Society – Division for Developmental Psychology

May 2020: 2020 Biennial Paul Van Geert Award, for the research article “Day-to-Day Spillover and Long-term Transmission of Interparental Conflict to Mother-Adolescent Conflict: The Role of Mood”, *Journal of Family Psychology*. DOI: 10.1037/fam0000649. Dutch Association for Developmental Psychology (Vereniging Nederlandse Ontwikkelingspsychologie).

April 2020: Top Downloaded Paper 2018-2019 – Certificate for one of the most read papers in Journal of Marriage and Family, awarded from Wiley for the research article “Interparental Conflict Management Strategies and Parent–Adolescent Relationships: Disentangling Between-Person from Within-Person Effects Across Adolescence”, *Journal of Marriage and Family* για τα έτη 2018-2019.

April 2012: Winner of the competition for the naming of the new special section of the European Journal of Developmental Psychology - **Invention of the term “Developmetrics”** [see Koops, W. (2012) Editorial. *European Journal of Developmental Psychology*, 9. DOI:10.1080/17405629.2012.662766].

February 2006: Highest GPA Award from the State Scholarship Foundation for the 3rd year of undergraduate studies (2004-2005). Grade: 9.91

February 2005: Highest GPA Award Best from the State Scholarship Foundation for the 2nd year of undergraduate studies (2003-2004). Grade: 9.37

February 2004: Highest GPA Award Best from the State Scholarship Foundation for the 1st year of undergraduate studies (2002-2003). Grade: 9.03

COMPUTER SKILLS

Statistical Software: lavaan (in R); Mplus; JASP; SPSS; PLINK (basic knowledge); AMOS.

Programming Languages:

- **R:** experienced/advanced user (packages/skills: lavaan, semTools, tidyverse, ggplot2, regex, MplusAutomation, base, Machine Learning in R, R Programmer from DataCamp.com).
- **Python:** beginner (introduction to Python, Python for Genomics).
- **Bash scripting:** beginner (basic knowledge).

Operating Systems: Windows; Linux (basic knowledge).

LANGUAGES

English (C2, Common European Framework of Reference-CEFR) | **Dutch** (C1, CEFR) | **German** (C1, CEFR) | **Spanish** (A2, CEFR) | **Greek** (native speaker)