

**Stefanos Mastrotheodoros, PhD**

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**EDUCATION**

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**Ph.D.** Department of Psychology, University of Athens, Greece (2015).

*Dissertation: "Attachment, Developmental Tasks, and Psychological Well-Being: A Longitudinal Study in Late Adolescence".*

**M.Sc.** Clinical Psychology; Department of Psychology, University of Athens, Greece (2009).

*Thesis: "Self-efficacy beliefs, academic achievement, and psychological symptoms in adolescence: A longitudinal study". Grade Point Average: Excellent, 9.26/10.*

**B.Sc.** Psychology; Department of Psychology, University of Athens, Greece (2006).

*Grade Point Average: Excellent 9.43/10.*

**ACADEMIC PROFESSIONAL EXPERIENCE**

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**Assistant Professor (2022-present)**

Department of Psychology, School of Social Sciences, University of Crete, Greece.

**Post-Doctoral Researcher (2020-present)**

Department of Youth and Family, Research Centre Adolescent Development, Utrecht University, the Netherlands.

Research Project: InTransition: Development of Identity and Relationships during Transitions in Adolescence | P.I.: Prof. Susan Branje, Ph.D. | Funded by the European Research Council – Consolidator Grant.

Investigation of the epigenetic factors (DNA methylation) that are possibly associated with adolescent psychosocial development.

**Doctoral Researcher (2015-2020)**

Department of Youth and Family, Research Centre Adolescent Development, Utrecht University, the Netherlands (second Ph.D.).

**Visiting Scholar, University of Wisconsin-Madison, USA (4/2019-6/2019)**

Department of Family Studies and Human Development, Research visit at Prof. Lauren Papp's lab.

**Research Assistant (2011-2015)**

National Kapodistrian University of Athens, Greece. Research Project: Positive Adaptation of Immigrant and Native Youth During Times of Economic Downturn: Vulnerability and Resilience Processes (PAYED). Principal Investigator: Professor Frosso Motti-Stefanidi.

Job Responsibilities: Coordination of a team of research assistants, Data collection planning, Data Input planning, Statistical data analysis, Presentation of results in conferences and workshops, Project reports.

**Research Assistant (2010-2011)**

Aristotle University of Thessaloniki and University of Athens, Greece. Research assistant in the project “Education of Immigrant and Repatriated Students” - Action 6: Psychological Interventions.

Job Responsibilities: Coordination of data collection from teachers, parents, and children of ages 5-15 years, in 4 cities around Greece (Thessaloniki, Volos, Athens, Rethymno).

**TEACHING EXPERIENCE**

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**March-April 2021:** Mentor of Maya Shanetzki (PhD student, Bar Ilan University, Israel) in preparation for the preconference event “Development of Refugee Children and Youth Living in Camps during COVID-19” at the SRCD Biennial 2021 conference.

**March 2021:** *Advanced Structural Equation Modeling*. Online workshop for the European Association for Research on Adolescence. In collaboration with Susanne Schulz, MSc (Utrecht University)

**September 2020:** *Advanced Structural Equation Modeling*. Preconference Workshop for young scholars taught in collaboration with Susanne Schulz, MSc (Utrecht University) at the 17th Biennial Conference of the European Association for Research on Adolescence (EARA). Porto, Portugal (moved to online format due to COVID-19-related disruptions).

**April 2020-June 2020:** *Introduction to Data Analysis with R*. Co-organizing and presenting a series of 6 lectures at departmental meetings. Department of Youth and Family, Utrecht University.

**August 2019:** *Writing a research paper in the psychological and social sciences*. Preconference Workshop taught at the 19<sup>th</sup> European Conference on Developmental Psychology (ECDP). Athens, Greece.

**March 2016-February 2019:** *Introduction to Psychology | Development of Personality and Personal Identity in Context | Family Relationships | Resilience in Development*. Teaching Undergraduate Lectures. Department of Youth and Family, Utrecht University.

**March 2016-June 2018:** *Bachelor Thesis supervision (5 students)*. Department of Youth and Family, Utrecht University.

**September 2013-December 2015:** Tutor. *Methods and Statistics in Psychology*. Teaching tutorial classes to students preparing for national examinations to enter Psychology programs at public universities. Private University Tutorial School “Papaioannou”.

**September 2011-May 2012:** Tutor. *Introduction in Psychology | Developmental Psychology | Psychology and Eating Behavior*. Public Colleges - Post-secondary Education Institutes.

**October 2006-October 2015:** Teaching Assistant. *Psychoanalytical Theories of Personality | Attachment Theory | Socio-cognitive Theory | Personality Development | Psychology of Motivation | Bachelor Thesis supervision (5 students)*. Department of Psychology, University of Athens, Greece.

**PUBLICATIONS****Citations in Google Scholar: 351; h-index: 12; i-10 index: 12****Citations in Scopus: 169; h-index: 9****Peer-Reviewed Journals**

(\* denotes shared first-authorship)

(IF: Web of Science **Impact Factor** | CS: Scopus **Cite Score**)

1. \*Donker, M. H., \***Mastrotheodoros, S.**, & Branje, S. (2021). Development of Parent-Adolescent Relationships During the COVID-19 Pandemic: The Role of Stress and Coping. *Developmental Psychology*. <https://doi.org/10.1037/dev0001212> [2020 IF: **3.845** | 2020 CS: **6.4**]
2. Papanikolopoulos, P., **Mastrotheodoros, S.**, Papanikolopoulou, S., Parlapani, E., & Kaprinis, S. G. (2021). The Brief Self-Control Scale: Dimensionality and Psychometric Properties in Greek. *European Journal of Developmental Psychology – Developmetrics*. <https://doi.org/10.1080/17405629.2021.1964070> [2020 IF: **2.081** | 2020 CS: **3.5**]
3. **Mastrotheodoros, S.**, Kornienko, O., Umaña-Taylor, A. J., & Motti-Stefanidi, F. (2021). Developmental Interplay Between Ethnic, National, and Personal Identity in Immigrant Adolescents. *Journal of Youth and Adolescence*. <https://doi.org/10.1007/s10964-021-01434-y> [2020 IF: **4.381** | 2020 CS: **5.6**]
4. **Mastrotheodoros, S.**, Papp, L., Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2021). Explaining Heterogeneity of Daily Conflict Spillover in the Family: The Role of Marital Conflict Configurations. *Family Process*. <https://doi.org/10.1111/famp.12648> [2020 IF: **3.532** | 2020 CS: **3.7**]
5. **Mastrotheodoros, S.**, Pavlopoulos, V., & Motti-Stefanidi, F. (2020). Utrecht-Management of Identity Commitments Scale (U-MICS): Greek Adaptation and Measurement Invariance Across Time and Ethnic Groups. *European Journal of Developmental Psychology*. <https://www.doi.org/10.1080/17405629.2020.1852921> [2020 IF: **2.081** | 2020 CS: **3.5**]
6. Motti-Stefanidi, F., Pavlopoulos, V., Papathanasiou, N., & **Mastrotheodoros, S.** (2020). Immigrant and Refugee Adolescents' Resilient Adaptation: Who does well and why? *Psychology: the Journal of the Hellenic Psychological Society*, 25(1). DOI: [https://doi.org/10.12681/psy\\_hps.25334](https://doi.org/10.12681/psy_hps.25334)
7. **Mastrotheodoros, S.**, Van Lissa, C.J., Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2020). Day-to-Day Spillover and Long-term Transmission of Interparental Conflict to Mother-Adolescent Conflict: The Role of Mood. *Journal of Family Psychology*, 34(8), 893–904. <https://doi.org/10.1037/fam0000649> [2020 (IF): **2.690** | 2020 (CS): **4.0**]
8. Motti-Stefanidi, F., Pavlopoulos, V., **Mastrotheodoros, S.**, & Asendorpf, J.B. (2020). Longitudinal interplay between peer preferences and adolescents' adaptation and wellbeing: A study of immigrant and nonimmigrant students in the Greek school context. *International Journal of Behavioral Development*. <https://doi.org/10.1177/0165025419894721> [2020 IF: **2.480** | 2020 CS: **4.1**]
9. **Mastrotheodoros, S.**, Canário, C., Gugliandolo, M. C., Merkas, M., & Keijsers, L. (2020). Family Functioning and Adolescent Internalizing and Externalizing Problems: Disentangling Between-, and

- Within-family Associations. *Journal of Youth and Adolescence*, 49(4), 804-817. <https://doi.org/10.1007/s10964-019-01094-z> [2020 IF: **4.381** | 2020 CS: **5.6**]
10. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2020). Parent-Adolescent Conflict Across Adolescence: Trajectories of Informant Discrepancies and Associations with Personality Types. *Journal of Youth and Adolescence*, 49(1), 119-135. DOI: <https://doi.org/10.1007/s10964-019-01054-7> [2020 IF: **4.381** | 2020 CS: **5.6**]
  11. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019). Coming closer in adolescence: Convergence in mother, father, and adolescent reports of parenting. *Journal of Research on Adolescence*, 29(4), 846-862. DOI: <https://doi.org/10.1111/jora.12417> [2020 IF: **3.260** | 2020 CS: **4.2**]
  12. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019). Interparental Conflict Management Strategies and Parent-Adolescent Relationships: Disentangling Between-Person from Within-Person Effects Across Adolescence. *Journal of Marriage and Family*, 81(1), 185-203. DOI: <https://doi.org/10.1111/jomf.12528> [2020 IF: **3.896** | 2020 CS: **5.0**]
  13. Stavropoulos, V., **Mastrotheodoros, S.**, Papapetrou, S., Gomez, R., Beard, C., & Motti-Stefanidi, F. (2019). Measurement invariance: The case of measuring romantic attachment in Greek and Cypriot adolescents. *European Journal of Developmental Psychology*, 16(3), 362-371. DOI: <https://doi.org/10.1080/17405629.2017.1414696> [2020 IF: **2.081** | 2020 CS: **3.5**]
  14. Stavropoulos, V., **Mastrotheodoros, S.**, Burleigh, T., Papadopoulos, N., & Gomez, R. (2018). Avoidant Romantic Attachment in Adolescence: Gender, Excessive Internet Use and Romantic Relationship Engagement Effects. *PLOSone*, 13(7). DOI: <https://doi.org/10.1371/journal.pone.0201176> [2020 IF: **3.240** | 2020 CS: **5.3**]
  15. \*Lionetti, F., \***Mastrotheodoros, S.**, & \*Palladino, B. (2018). Experiences in Close Relationships Revised Child version (ECR-RC): Psychometric evidence in support of a Security Factor. *European Journal of Developmental Psychology*, 15(4), 452-463. DOI: <https://doi.org/10.1080/17405629.2017.1297228> [2020 IF: **2.081** | 2020 CS: **3.5**]
  16. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2017). Dimensions of Identity Development Scale: A Test of Measurement Invariance in Greek Adolescents. *European Journal of Developmental Psychology*, 14(5), 605-617. DOI: <https://doi.org/10.1080/17405629.2016.1241175> [2019 IF: **2.063** | 2019 CS: **2.15**]
  17. **Mastrotheodoros, S.**, Chen, B.-B., & Motti-Stefanidi, F. (2015). Experiences in Close Relationships-Revised (ECR-R): Measurement (non-) Invariance across Chinese and Greek Samples. *European Journal of Developmental Psychology*, 12(3), 344-358. DOI: <https://doi.org/10.1080/17405629.2015.1021327> [2016 IF: **1.302** | 2019 CS: **2.4**]
  18. He J., van de Vijver, F.J.R., Dominguez Espinosa, A., Abubakar, A., Dimitrova, R., Adams, B., Aydinli, A., Atitsogbe, K., Alonso-Arbiol, I., Bobowik, M., Fischer, R., Jordanov, V., **Mastrotheodoros, S.**, Neto, F., Ponizovsky, Y.J., Reb, J., Sim, S., Sovet, L., Stefenel, D., Suryani, A.O., Tair, E., & Villieux, A. (2015). Socially Desirable Responding: Enhancement and Denial in 20 Countries. *Cross-Cultural Research*, 49(3), 227-249. DOI: <https://doi.org/10.1177/1069397114552781> [2017 IF: **0.975** | 2017 CS: **2.4**]
  19. **Mastrotheodoros, S.**, Dimitrova, R., Motti-Stefanidi, F., Abubakar, A., & van de Schoot, R. (2012). Measurement Invariance of the Multigroup Ethnic Identity Measure (MEIM) across Bulgarian,

Dutch, and Greek samples. *European Journal of Developmental Psychology*, 9(4), 508–515. DOI: <https://doi.org/10.1080/17405629.2012.688099> [2014 IF: **1.721** | 2014 CS: **2.7**]

### **Chapters in Peer-Reviewed, Edited Books**

20. Branje, S., **Mastrotheodoros, S.**, & Laursen, B. (2021). Family Relationships During Adolescence. In A. L. Vangelisti, *The Routledge Handbook of Family Communication* (3rd ed., pp. 247–261). Routledge. <https://doi.org/10.4324/9781003043423-22>
21. **Mastrotheodoros, S.**, Talias, M. A., & Motti-Stefanidi, F. (2018). Goal Orientations Profiles, Academic Achievement and Well-Being of Adolescents in Greece. In R. Dimitrova (Ed.), *Well-Being of Youth and Emerging Adults across Cultures*, 105-120. New York: Springer. DOI: [https://doi.org/10.1007/978-3-319-68363-8\\_8](https://doi.org/10.1007/978-3-319-68363-8_8)
22. Dimitrova, R., Özdemir Bayram, S., Farcas, D., Kotic, M., **Mastrotheodoros, S.** Michałek, J., & Stefenel, D. (2018). Is There a Paradox of Adaptation in Immigrant Children and Youth across Europe? A Literature Review. In R. Dimitrova (Ed.), *Well-Being of Youth and Emerging Adults across Cultures*, 261-298. New York: Springer. DOI: [https://doi.org/10.1007/978-3-319-68363-8\\_18](https://doi.org/10.1007/978-3-319-68363-8_18)
23. Motti-Stefanidi, F., Papathanasiou, N., **Mastrotheodoros, S.**, & Pavlopoulos, V. (2017). Youth Adaptation during the Current Great Economic Recession in Greece: Risk and Resilience. In A. C. Petersen, S. H. Koller, F. Motti-Stefanidi, & S. Verma (Eds.), *Positive Youth Development in Global Contexts of Social and Economic Change* (pp. 98-109). London: Routledge.
24. Motti-Stefanidi, F., **Mastrotheodoros, S.**, & Papathanasiou, A. C. (2015). Children and Adolescents in the Globalization Era. In: F. Motti-Stefanidi (Ed.) *Children and Adolescents in a Fast-Changing World: Adaptation and Development*. Athens: Estia (in Greek).
25. Motti-Stefanidi, F., Papathanasiou, A. C., Anagnostaki, L., **Mastrotheodoros, S.**, Georgiou, P., & Pavlopoulos, V. (2011). Parent-adolescent conflicts as a risk factor for the resilience of immigrant adolescents. In: A. Matsopoulos (Ed.) *From Risk to Resilience: Implications at the School and the Family*, vol. 1. Athens: Gramma (in Greek).

### **Book**

1. **Mastrotheodoros, S.** (2020). Development and Transformation: Parenting, Parent-Adolescent Relationships, and Family Dynamics Across Adolescence (ISBN: 978-618-00-1919-3 | <https://dspace.library.uu.nl/handle/1874/397058>). *Doctoral Dissertation, Department of Youth and Family, Utrecht University*. Athens: Stefanos Mastrotheodoros.

### **Under Review (Research Articles)**

(\* denotes shared first-authorship)

1. Nelemans, S. A., **Mastrotheodoros, S.**, Çiftçi, L., Meeus, W., & Branje, S. (revise and resubmit). Do You See What I See? Longitudinal Associations Between Mothers' and Adolescents' Perceptions of Their Relationship and Adolescent Internalizing Symptoms. *Research on Child and Adolescent Psychopathology*.
2. Ma, C., Lan, X., & **Mastrotheodoros, S.**, & (under review). Linking classmate autonomy support with prosocial behavior in Chinese left-behind adolescents: The moderating role of self-esteem and grit. *Personality and Individual Differences*.

3. Lan, X. & **Mastrotheodoros, S.**, (under review). Direct and Interactive Effects of Teacher Autonomy Support and Personality Profiles on Internalizing Problem Behavior in Chinese Adolescents from Divorced Families. *Personality and Individual Differences*.
4. Meng, R., Kato, T., **Mastrotheodoros, S.**, Dong, L., Fong, D. Y. T., Wang, F., Cao, M., Liu, X., Yao, C., Yu, Y., Luo, Y., & Yu, C. (under review). Sleep Quality Questionnaire: Adaptation and Validation Evidence in Chinese. *Quality of Life Research*.

### **Non-Peer Reviewed**

1. **Mastrotheodoros, S.** (2021). *The effects of COVID-19 on young people's mental health and psychological well-being*. Youth Partnership: European Union & Council of Europe. Retrieved on 03.01.2021 from <https://pjp-eu.coe.int/en/web/youth-partnership/latest-update-and-analysis>

### **CONFERENCE AND WORKSHOP ORGANIZATION**

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1. **ERU Writing Week 2023**, April 2023, Crete, Greece. Principal organizer as President of the Early Researchers Union (ERU).
2. [EARA-EADP-SRA Summer School 2022](#), August 2022, Dublin, Ireland. Member of the organizing committee of the summer school; representative of the EADP.
3. **Mastrotheodoros, S.** & Schulz, S. (2020, September). *Advanced Structural Equation Modeling*. Preconference Workshop for young scholars presented at the 17th Biennial Conference of the European Association for Research on Adolescence (EARA). Porto, Portugal.
4. **Mastrotheodoros, S.** (2019, August). *Writing a research paper in the psychological and social sciences*. Preconference Workshop for young scholars presented at the 19th European Conference on Developmental Psychology (ECDP). Athens, Greece.
5. **18<sup>th</sup> European Conference on Developmental Psychology**, August 2017, Utrecht, the Netherlands. Member of the organizing committee for young scholar activities.

### **CONFERENCE PARTICIPATION**

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#### **Invited Talks**

**Mastrotheodoros, S.** (2018, November). [Development of Personal Identity in Adolescents: The Role of Romantic Relationships, and Family Communication](#). Paper presented at the National Conference on Youth. University of Vilnius, Vilnius, Lithuania.

**Mastrotheodoros, S.** (2020, September). *Preregistering a study with existing data on Open Science Framework (OSF)*. [Open Science Community Utrecht \(OSCU\) - Utrecht University Faculty of Social and Behavioral Sciences, Symposium on Open Science](#). September 10<sup>th</sup>, 2020. Utrecht, the Netherlands.

**Mastrotheodoros, S.** (2021, November). *Development and Transformation: Parenting, Parent-Adolescent Relationships, and Family Dynamics Across Adolescence*. External Seminar Series, School of Psychology and Clinical Language Sciences, University of Reading, United Kingdom.

## **Organized Symposia**

1. **Mastrotheodoros, S.** & Schulz, S. (2019, July). *Family Dynamics and Psychopathology of Parents and Children: Implications for Prevention and Intervention*. Symposium organized in the Department of Child and Adolescent Studies, Faculty of Social and Behavioral Sciences, Utrecht University, the Netherlands.

Keynote Speaker: Melanie Zimmer-Gembeck, Griffith University, Gold Coast, Australia.

2. **Mastrotheodoros, S.** (Chair) (2018, September). *Putting Adolescents' Daily Lives at the Core: From Theory to Practice*. Symposium Organized at the European Association for Research on Adolescence (EARA). Ghent, Belgium.

Presenters: Dr. Stefanos Mastrotheodoros (Utrecht University, The Netherlands); Dr. Olivia Kirtley (Katholieke Universiteit, Leuven, Belgium); Yael Fogel, MSc (University of Haifa, Israel); Dr. Liron Lamash (Tufts University, USA).

3. **Mastrotheodoros, S.** (Chair) (2017, August). *Parenting during adolescence: longitudinal studies exploring antecedents, and outcomes of parental behavior*. Symposium organized at the 18th European Conference on Developmental Psychology (ECDP). Utrecht, the Netherlands.

Discussant: Dr. Loes Keijsers (Tilburg University). Presenters: Dr. Stefanos Mastrotheodoros (Utrecht University, the Netherlands); Dr. Marina Merkas (Croatia University, Croatia); Evelien Dietvorst (Tilburg University, the Netherlands); Dr. Marta Miklikowska (Umea University, Sweden).

## **Presentations at International Conferences**

1. Donker, M. H., **Mastrotheodoros, S.**, & Branje, S. (2021, April). Changing family relationships in early adolescence during the COVID-19 pandemic: The role of parents' and adolescents' stress and coping. In A. Nocentini (Chair), *Family adjustment during the global outbreak of covid-19: A longitudinal and international perspective* [Symposium]. Society for Research in Child Development Biennial Meeting, Minneapolis, Minnesota, USA (online).
2. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W., & Branje, S. (2020, September). *Parent-Adolescent Conflict across Adolescence: Trajectories of Informant Discrepancies and Associations with Personality Types*. Paper presented at the 17<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence (EARA). Porto, Portugal.
3. **Mastrotheodoros, S.**, Kornienko, O., Umaña-Taylor, A., & Motti-Stefanidi, F. (2020, September). *Interplay of Ethnic, National, and Personal Identity for Immigrant Adolescents Living in Greece*. Paper presented at the 17<sup>th</sup> Biennial Conference of the European Association for Research on Adolescence (EARA). Porto, Portugal.
4. **Mastrotheodoros, S.**, Van Lissa, C.J. Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019, August). *Interparental conflict and mother-adolescent conflict: Longitudinal mediation by mood using annual assessments and daily diaries*. Paper presented at the 19<sup>th</sup> European Conference on Developmental Psychology (ECDP). Athens, Greece.
5. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019, August). *Development of parent-adolescent (discrepancies in) conflict intensity: The role of personality types*. Paper presented at the 19<sup>th</sup> European Conference on Developmental Psychology (ECDP). Athens, Greece.

6. **Mastrotheodoros, S.**, Van Lissa, C.J., Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2019, March). *Day-to-Day and Long-term Spillover of Marital Conflict to Mother-Adolescent Conflict: The Role of Mood*. Paper presented at the 2019 Biennial Conference of the Society for Research on Child Development (SRCD). Baltimore, MD, USA.
7. **Mastrotheodoros, S.**, Van Lissa, C.J., Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2018, September). *Day-to-Day and Long-term Spillover of Interparental Conflict to Mother-Adolescent Conflict: The Role of Mood*. Paper presented at the 16th Biennial Conference of the European Association for Research on Adolescence (EARA). Ghent, Belgium.
8. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2017, August). *Greek students' identity and well-being: Longitudinal associations during academic decisions*. Paper presented at the 18th Biennial European Conference on Developmental Psychology (ECDP). Utrecht, the Netherlands.
9. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2017, August). *Interparental Conflict and Parent-Adolescent Relationships: Disentangling between-person from within-person effects*. Paper presented at the 18th Biennial European Conference on Developmental Psychology (ECDP). Utrecht, the Netherlands.
10. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2017, April). *Close relationships and personal identity: The longitudinal interplay between attachment and identity during adolescence*. Paper presented at the 2017 Biennial Meeting of the Society for Research in Child Development (SRCD). Austin, TX, the USA.
11. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2016, September). *Development of parenting through the eyes of mothers, fathers, and adolescents*. Paper presented at the 15th Biennial Conference of the European Association for Research on Adolescence (EARA). La Barrosa, Spain.
12. **Mastrotheodoros, S.**, Chen, B.-B., & Motti-Stefanidi, F. (2015, September). *Experiences in Close Relationships-Revised (ECR-R): Measurement (non-) Invariance across Chinese and Greek Samples*. Paper presented at the 17th Biennial European Conference on Developmental Psychology (ECDP). Braga, Portugal.
13. He J., van de Vijver, F.J.R., Dominguez Espinosa, A., Abubakar, A., Dimitrova, R., Adams, B., Aydinli, A., Atitsogbe, K., Alonso-Arbiol, I., Bobowik, M., Fischer, R., Jordanov, V., **Mastrotheodoros, S.**, Neto, F., Ponizovsky, Y.J., Reb, J., Sim, S., Sovet, L., Stefenel, D., Suryani, A.O., Tair, E., & Villieux, A. (2015, September). *Socially Desirable Responding: Enhancement and Denial in 20 Countries*. Paper presented at the 17th Biennial European Conference on Developmental Psychology (ECDP). Braga, Portugal.
14. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2014, June). *Attachment, Identity, and Psychological Adaptation in Late Adolescence: A Longitudinal Study*. Paper presented at the European Association of Developmental Psychology (EADP) Summer school "Risk and Resilience: Multilevel Dynamics". Syros, Greece.
15. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2013, September). *Personal Identity, Psychological Symptoms, and Well-being: A two-wave longitudinal study of Greek adolescents*. Paper presented at the 16th Biennial European Conference on Developmental Psychology (ECDP). Lausanne, Switzerland.



16. **Mastrotheodoros, S.** & Motti-Stefanidi, F. (2012, August). *Adaptation of immigrant school-age and adolescent students: Results of a National study*. Paper presented at the 13th Biennial Conference of the European Association for Research on Adolescence (EARA). Spetses, Greece.

### **Poster Presentations**

1. **Mastrotheodoros, S.**, Van der Graaff, J., Deković, M., Meeus, W.H.J., & Branje, S.J.T. (2017, April). *Development of parenting through the eyes of mothers, fathers, and adolescents*. Poster presented at the 2017 Biennial Meeting of the Society for Research in Child Development (SRCD). Austin, TX, USA.
2. **Mastrotheodoros, S.**, Pavlopoulos, V., & Motti-Stefanidi, F. (2015, September). *The Utrecht Management of Identity Commitments Scale: Psychometric properties on a sample of Greek and immigrant students*. Poster presented at the 17th Biennial European Conference on Developmental Psychology (ECDP). Braga, Portugal.
3. **Mastrotheodoros, S.**, Asendorpf, J., & Motti-Stefanidi, F. (2011, August). *Psychological Adaptation of Immigrants in Adolescence: A multi-level, longitudinal study of risk and resilience*. Poster presented at the 15th European Conference on Developmental Psychology (ECDP). Bergen, Norway.

### **CONTINUING EDUCATION AND TRAINING**

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**2020, Dec. – 2022, April (expected):** Johns Hopkins University, Coursera: **Genomic Data Science**.

**2021, February – 2021, March:** Wellcome Genome Campus, FutureLearn: **Bioinformatics for Biologists: An introduction to Linux, BASH Scripting, and R**.

**2020, May:** Harvard University, HarvardX, edX: **Statistical Inference and Modeling for High-throughput Experiments**. Online course (4 weeks; ~16 hours), with graded assignments. Certified attendance and completion.

**2020, May:** Melbourne University, Coursera: **Epigenetic Control of Gene Expression**. Online course (7 weeks; ~ 40 hours), with graded assignments. Certified attendance and completion.

**2018, January-ongoing:** Datacamp.com: **Data Scientist with R**. Multi-course career track consisting of 23 multi-chapter courses, 110 hours of online training, including courses on writing functions, data visualization (ggplot2), data handling (dplyr), statistics and more. Certified attendance and completion.

**2019, August:** Utrecht Summer School: **Modeling the Dynamics of Intensive Longitudinal Data**. (5-day course, 1.5 ECTS). Department of Methods and Statistics, Utrecht University, the Netherlands.

**2018, May:** Utrecht Summer School: **Applied Bayesian Statistics**. (5-day course, 1.5 ECTS). Department of Methods and Statistics, Utrecht University, the Netherlands.

**2017, July:** Summer School: International Society for the Study of Behavioral Development (ISSBD), European Association of Developmental Psychology (EADP). Joint summer school: **Positive Youth Development in Times of Social Change**. July 2-6, 2017, Syros, Greece.

**2016, July:** Utrecht Summer School: **Statistical Programming with R**. (5-day course, 1.5 ECTS). Department of Methods and Statistics, Utrecht University, the Netherlands.

**2016, March:** Utrecht Summer School: **Multiple Imputation in Practice**. (1-day course, 1 ECTS). Department of Methods and Statistics, Utrecht University, the Netherlands.

**2015, September:** Summer School: European Association of Developmental Psychology & Jacobs Foundation, 17th Biennial Conference, Pre-conference Workshop: **Academic Grant Writing**.

**2014, June:** Summer School: European Association for Developmental Psychology & Jacobs Foundation Summer School: **Risk and Resilience: Multilevel Dynamics**. June 14-19, Syros, Greece.

**2014, June:** Summer School: European Association of Research on Adolescence (EARA) - Society for Research on Adolescence (SRA). June 1st-6th 2014. Utrecht, The Netherlands.

## **PROFESSIONAL ACTIVITY AND SERVICE**

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### **Professional Organization Membership**

- 2021-2023**            **President** of the Early Researchers Union (ERU), European Association for Developmental Psychology.
- 2019-2021**            **President Elect** for the Early Researchers Union (ERU), European Association for Developmental Psychology.
- 2019-Present**        Netherlands National Representative, Student and Early Career Network (SECNet), European Association for Research on Adolescence (EARA).
- 2017-2019**            Board member of the Early Researchers Union (ERU), European Association for Developmental Psychology.
- 2017-2020**            Pool of European Youth Researchers (PEYR). Youth Partnership, **European Commission & Council of Europe**.
- 2021-Present**        Member of the **American Psychological Association (APA)**.
- 2021-Present**        Member of the **International Society for Developmental Psychobiology (ISDP)**.
- 2021-Present**        Member of the **International Association for Relationship Research (IARR)**.
- 2017-Present**        Member of the **Society for Research on Child Development (SRCD)**.
- 2017-Present**        Member of the **International Society for the Study of Behavioral Development (ISSBD)**.
- 2016-Present**        Member of the **European Association for Research on Adolescence (EARA)**.
- 2011-Present**        Member of the **European Association of Developmental Psychology (EADP)**.

### **EDITORIAL BOARD MEMBERSHIP**

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- 2021 - 2022**            Journal of Social and Personal Relationships (Advisory Editorial Member)
- 2022**                    Reviewer for the 2022 Conference of the International Association for Relationship Research.

### **Ad-hoc Reviewer**

**Number of reviews conducted:** 55 reviews in 26 journals ([Publons](#))

Child Development | Developmental Psychology | Development and Psychopathology | Journal of Youth and Adolescence | Child Abuse and Neglect | Journal of Adolescence | Journal of Personality | Journal of Personality Assessment | PLOS One | Psychiatry Research | Frontiers in Psychology | Journal of Social

and Personal Relationships | Child Psychiatry and Human Development | Self and Identity | Identity | Cyberpsychology: Journal of Psychosocial Research on Cyberspace | Cultural Diversity and Ethnic Minority Psychology | Journal of Cross-Cultural Psychology | Current Psychology | Personal Relationships | Social Science Research | European Journal of Developmental Psychology – Developmetrics | International Journal of Adolescence and Youth | Journal of Child and Family Studies | Research Quarterly for Exercise and Sport | International Psychology Bulletin

## **CLINICAL EXPERIENCE**

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- Feb 2011–Aug 2015** Psychologist in Private Practice. Adult Counselling, Psychological Assessment (children's intelligence tests, children and adult personality testing).
- Aug 2012–Feb 2013** Child Psychiatric Hospital “Aghia Sophia”, Child Psychiatric Department, Child Psychiatry Liaison Clinic, Department of Medicine, University of Athens, Greece.
- Jan 2010–May 2010** Psychologist in the Greek Army
- Oct 2008–Jul 2009** “Athina” Program - Outpatient non-substitution Unit - Aeginition University Clinic, Department of Medicine, University of Athens, Greece. Internship (1500 hours) - Clinical Psychologist. Assessment of Cases of Alcohol/Drug Addiction; Attendance of Therapy Sessions as co-therapist; Attendance of Family Sessions.
- Oct 2007–Jun 2008** Child Psychiatric Hospital "Aghia Sophia", Child Psychiatric Department, Child Psychiatry Liaison Clinic, Department of Medicine, University of Athens, Greece. Internship (1000 hours) - Clinical Psychologist. Inpatient Clinic (5 months); Outpatient Clinic (4 months).

## **FUNDING**

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Total amount of travel grants, scholarships and awards: € 35.500.

- € 1500, Funding from the Department of Child and Adolescent Studies (CAS), Utrecht University, to organize workshop “Family Dynamics and Psychopathology of Parents and Children: Implications for Prevention and Intervention”, invited keynote speaker: Prof. Dr. Zimmer-Gembeck.
- € 3000, Funding from the Department of Child and Adolescent Studies (CAS), Utrecht University, to conduct a 3-month research visit to the USA, to work in Prof. Dr. Lauren Papp’s lab.
- € 1500, Jacobs Foundation travel grant to attend the ECDP 2013, Lausanne, Switzerland.
- € 1500, Jacobs Foundation travel grant to attend the ECDP 2011, Bergen, Norway.
- € 4000, Propondis Foundation scholarship for doctoral studies in Clinical Psychology.
- € 8400, Alexandros Onassis Public Benefit Foundation, scholarship for doctoral studies in Clinical Psychology.
- € 10800, National Scholarship Foundation, scholarship for post-graduate and doctoral studies in Clinical Psychology.
- € 4800, National Scholarship Foundation, honors and awards for best in-class academic achievement for undergraduate studies in Psychology, 2003-2006

## **AWARDS**

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**May 2020:** 2020 Biennial Paul Van Geert Award, for the research article “Day-to-Day Spillover and Long-term Transmission of Interparental Conflict to Mother-Adolescent Conflict: The Role of Mood”, *Journal of Family Psychology*. DOI: 10.1037/fam0000649. Dutch Association for Developmental Psychology (Vereniging Nederlandse Ontwikkelingspsychologie).

**April 2020:** Top Downloaded Paper 2018-2019 – Certificate for one of the most read papers in Journal of Marriage and Family, awarded from Wiley for the research article “Interparental Conflict Management Strategies and Parent–Adolescent Relationships: Disentangling Between-Person from Within-Person Effects Across Adolescence”, *Journal of Marriage and Family* για τα έτη 2018-2019.

**April 2012:** Winner of the competition for the naming of the new special section of the European Journal of Developmental Psychology - **Invention of the term “Developmetrics”** [see Koops, W. (2012) Editorial. *European Journal of Developmental Psychology*, 9. DOI:10.1080/17405629.2012.662766].

**February 2006:** Highest GPA Award from the State Scholarship Foundation for the 3rd year of undergraduate studies (2004-2005). Grade: 9.91

**February 2005:** Highest GPA Award Best from the State Scholarship Foundation for the 2nd year of undergraduate studies (2003-2004). Grade: 9.37

**February 2004:** Highest GPA Award Best from the State Scholarship Foundation for the 1st year of undergraduate studies (2002-2003). Grade: 9.03

## **COMPUTER SKILLS**

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Statistical Software: lavaan (in R); Mplus; JASP; SPSS; PLINK (basic knowledge); AMOS.

Programming Languages:

- **R:** intermediate/advanced user (packages/skills: lavaan, semTools, tidyverse, ggplot2, regex, MplusAutomation, base, Machine Learning in R, R Programmer from DataCamp.com).
- **Python:** beginner (introduction to Python, Python for Genomics).
- **Bash scripting:** beginner (basic knowledge).

Operating Systems: Windows; Linux (basic knowledge).

## **LANGUAGES**

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**English** (C2, Common European Framework of Reference-CEFR) | **Dutch** (C1, CEFR) | **German** (C1, CEFR) | **Spanish** (A2, CEFR) | **Greek** (native speaker)