

PSYCHOPATHOLOGY OF CHILDHOOD AND ADOLESCENCE

1. GENERAL

SCHOOL	Social sciences		
DEPARTMENT	Psychology		
LEVEL	Under-graduate		
COURSE CODE	PSY-3614	SEMESTER	6 th
COURSE TITLE	PSYCHOPATHOLOGY OF CHILDHOOD AND ADOLESCENCE		
COURSE RESPONSIBILITY	Antonios Poullos		
SCIENTIFIC PLACEMENT	Adjunct professor		
TEACHING ACTIVITIES	WEEKLY HOURS	ECTS	
Lectures	3	5	
COURSE TYPE	Specialized knowledge (mandatory)		
PREREQUISITES COURSES	Theories of personality, Developmental Psychopathology I & II		
INSTRUCTION/EXAM LANGUAGE	Greek		
OFFERED TO ERASMUS STUDENTS	yes (independent study in English literature and written essay)		
COURSE WEBPAGE (URL)	https://elearn.uoc.gr/course/view.php?id=1583		

2. LEARNING OUTCOMES

LEARNING OUTCOMES
<p>This module is an introduction to the field of childhood and adolescence clinical psychology. Its main aim is to give students the opportunity to master fundamental principles in issues regarding diagnosis, assessment and understanding of children and adolescents' behaviour and psychological function. Moreover, the module aims to help students better understand the psychological challenges that children and adolescents face and the prevention methods of problems appearing in childhood and adolescence.</p> <p>Specifically, the module can be divided into three parts: (a) principles of developmental psychopathology - classification systems and diagnosis, (b) disorders in children and adolescents and (c) methods of prevention and therapy. During the first part, emphasis will be given to the connection between developmental psychology and developmental psychopathology, as well as the views of classification systems and the psychodiagnostic methods applied in childhood and adolescence. In the second part, the basic categories of disorders that manifest before adulthood, the ways in which they manifest and the etiology of their appearance from biological, psychological and social perspectives, with emphasis on those perspectives' interactions. At the end, some attention will be paid to the various existing therapeutic approaches (pharmacology, psychoanalysis, systemic and cognitive-behavioural), as well as models of prevention and health promotion through the approach of positive psychology.</p> <p>At the end of the module, participating students will be able to:</p>

- apply the systems of understanding and diagnosis of problematic behaviour children and adolescents can present to a variety of case studies.
- discuss the primary advantages and disadvantages of applying those diagnostic and classification processes to problems presenting in children and adolescents.
- fathom the complex relationship between biological, psychological and social parameters involved in the development and consolidation of problematic behaviours.
- identify and critically assess psychosocial factors related to the challenges children and adolescents may be facing.

Additionally, regarding a wider scope of outcomes, the aim of this module is for students to:

- use inductive and analytical thinking.
- develop critical thinking, taking into account social and cultural context.
- succinctly and clearly express their thoughts.

General competencies

- Research, analysis and synthesis of data and information
- Independent work
- Giving and receiving constructive feedback
- Development of free, creative thinking and inductive reasoning

3. COURSE CONTENT

- Developmental approach to psychopathology
- Classification systems
- Assessment methods and tools of understanding the psychological function of children and adolescents
- Case formulation
- Clinical interventions and therapeutic approaches
- Pervasive developmental disorders
- Mood disorders
- Anxiety disorders
- Behaviour disorders
- Eating disorders
- Use, abuse and addiction from psychoactive substances
- Gender dysphoria and sexual orientation
- Family and society

4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

INSTRUCTION METHOD	In class (face-to-face)		
INFORMATION AND COMMUNICATION TECHNOLOGIES USED	Use of ICT in teaching Support for learning (communication with students and delivery of all course material) via the UoC e-learn online platform.		
TEACHING ORGANIZATION	Activity	Semester Workload	ECTS credits
	Lectures	39	1,56
	Independent study	82	3,28
	Final exams	2	0,08
	Course Total	123	4,92
STUDENT EVALUATION	<p>The evaluation (written exams) is in Greek for the students of UoC and in English for the Erasmus students.</p> <p>The evaluation criteria are presented during the 1st lecture of the semester. Moreover, all criteria are available to the students via the website of course on UoC e-learn platform.</p>		

5. BIBLIOGRAPHY

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