

PSYCHOANALYTIC THINKING

1. GENERAL

SCHOOL	Social sciences		
DEPARTMENT	Psychology		
LEVEL	Under-graduate		
COURSE CODE	PSY-2603	SEMESTER	SPRING
COURSE TITLE	PSYCHOANALYTIC THINKING		
COURSE RESPONSIBILITY	Antonios Poullos		
SCIENTIFIC PLACEMENT	Adjunct professor		
TEACHING ACTIVITIES	WEEKLY HOURS	ECTS	
Lectures	3	4	
COURSE TYPE	Specialized knowledge (ELECTIVE)		
PREREQUISITES COURSES	Theories of personality, Developmental Psychopathology I & II		
INSTRUCTION/EXAM LANGUAGE	Greek		
OFFERED TO ERASMUS STUDENTS	YES (independent study in English literature and written essay)		
COURSE WEBPAGE (URL)	https://elearn.uoc.gr/course/view.php?id=1583		

2. LEARNING OUTCOMES

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This module aims to introduce and investigate psychoanalytical theories, and to examine psychodynamic theories through a critical view. Thus, participants will comprehend the fundamental theories, as these have historically evolved and are connected to contemporary practice. Moreover, various psychoanalytic approaches to the unconscious, dreams, personality, emotional development, psychopathology and treatment shall be scrutinised within their historical context.

Specifically, the module will initially focus on the basis of psychoanalytic theory, as developed by Sigmund Freud within the social context of his time. Then further schools of psychoanalysis will be explored. Those schools further evolved the theory in question and thus constitute the primary points of reference in contemporary psychoanalysis. This section shall explore the US tradition of Ego psychology, the British tradition of object relations, with special focus on Melanie Klein and Donald Winnicott, the French structural approach of Jacques Lacan and French psychoanalysts that followed, as well as contemporary relational and attachment theories. Finally, the rationale and principles of psychoanalytic clinical practice and the differing specifics therein based on the aforementioned theories shall be examined, along with their application in specific community frameworks, as well as issues in research and empirical corroboration pertaining to them.

At the end of the module, participating students will be able to:

- Comprehend the fundamental principles of the most important psychoanalytic

theories and critically contemplate on them.

- Synthesise the psychoanalytic theories and comprehend their connections to clinical practice and research.

Additionally, regarding a wider scope of outcomes, the aim of this module is for students to:

- Grasp how the development of each theory relates to the social and historical context in which it evolved.
- Apply critical thinking and critically compare and contrast various approaches.
- Gain experience in secondary research, synthesis and presentation of the theoretical and clinical information with which they shall come to contact (this pertains especially to those who choose to write an essay as [part of?] their assessment.

General competencies

- Research, analysis and synthesis of data and information
- Independent work
- Giving and receiving constructive feedback
- Development of free, creative thinking and inductive reasoning

3. COURSE CONTENT

- Sigmund Freud I (period 1900-1920)
- Sigmund Freud II (period 1900-1920)
- Sigmund Freud III (period 1920-1926)
- Ego psychology
- British tradition I - Melanie Klein
- British tradition II - Donald Winnicott
- French tradition – Jacques Lacan
- Relational psychoanalysis
- Psychoanalytic clinical practice I
- Psychoanalytic clinical practice II
- Applications of psychoanalysis in clinical settings
- Research in psychoanalysis and empirical basis
- Oral presentation of students' essays

4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

INSTRUCTION METHOD	In class (face-to-face)
INFORMATION AND COMMUNICATION	Use of ICT in teaching

TECHNOLOGIES USED	Support for learning (communication with students and delivery of all course material) via the UoC e-learn online platform.		
TEACHING ORGANIZATION	Activity	Semester Workload	ECTS credits
	Lectures	39	1,56
	Independent study	40	1,6
	Optional essay	20	0,8
	Final exams	2	0,08
	Course Total	101	4,04
STUDENT EVALUATION	<p>The evaluation (written exams) is in Greek for the students of UoC and in English for the Erasmus students.</p> <p>The evaluation criteria are presented during the 1st lecture of the semester. Moreover, all criteria are available to the students via the website of course on UoC e-learn platform.</p>		

5. BIBLIOGRAPHY

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