

## COURSE OUTLINE

### 1. GENERAL

<b>SCHOOL</b>	SOCIAL SCIENCES		
<b>DEPARTMENT</b>	PSYCHOLOGY		
<b>LEVEL</b>	Undergraduate		
<b>COURSE CODE</b>	<b>PSY-3614</b>	<b>SEMESTER</b>	6 <sup>th</sup>
<b>COURSE TITLE</b>	PSYCHOPATHOLOGY OF CHILDHOOD AND ADOLESCENCE		
<b>TEACHING ACTIVITIES</b>	<b>WEEKLY HOURS</b>	<b>ECTS</b>	
Lectures	<b>3</b>	<b>5</b>	
<b>COURSE TYPE</b>	Scientific Area (Compulsory)		
<b>PREREQUISITES COURSES:</b>	Theories of Personality, Developmental psychology II		
<b>INSTRUCTION/EXAM LANGUAGE:</b>	Greek		
<b>OFFERED TO ERASMUS STUDENTS</b>	YES (independent study of English language bibliography and final exam)		
<b>COURSE WEB PAGE (URL)</b>	<a href="https://elearn.uoc.gr/course/view.php?id=199">https://elearn.uoc.gr/course/view.php?id=199</a>		

### 2. LEARNING OUTCOMES

#### Learning Outcomes

*This course aims to introduce students to the subject matter of clinical psychology of childhood and adolescence. Students will learn the basic mental health principles as they apply to children and adolescents, these include diagnosis, assessment, and well-being. Students will also understand the psychosocial challenges faced by children and adolescents by applying systemic and ecological perspectives.*

By the end of the course, students will:

- apply, in case studies, the systems of understanding and diagnosing the problematic behavior that children and adolescents can present,
- discuss the main advantages and disadvantages of applying diagnostic and taxonomic procedures to the challenges children and adolescents confront,
- recognize the complex relationships between biological, psychological and social factors involved in the development and consolidation of problematic behaviors,
- Identify and critically assess psychosocial factors related to the challenges children and adolescents may experience.

#### General Competencies

- Application of pre-existing knowledge for the development of children in new fields
- Linking theory to diagnostic practice

- Analysis and comparison of theories and information
- Promoting synthetic, creative and inductive thinking

### 3. COURSE CONTENT

- Developmental psychopathology: an approach to understanding the challenges faced by children and adolescents
- Diagnosis and classification systems used in understanding the problems children and adolescents
- Psycho-diagnostic procedures used in assessing children's and adolescents' psychic challenges
- Case formulation based on the principles of systemic theory
- Developmental disorders
- Behavioral disorders
- Mood Disorders
- Anxiety Disorders
- Eating disorders
- What is identity and can it be disordered?
- Substance use and abuse in childhood and adolescence
- Prevention and health promotion

### 4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

<b>INSTRUCTION METHOD</b>	Class lectures, videos, case studies		
<b>INFORMATION AND COMMUNICATION TECHNOLOGIES USED</b>	Use of ICT in teaching Support for learning through the E-learn online platform		
<b>TEACHING ORGANIZATION</b>	<i>Activity</i>	<i>Semester Workload</i>	<i>ECTS credits</i>
	Lectures	39 hours	1,32
	Case study	30 hours	1,28
	Readings and studying for final exams	52 hours	2,08
	Final exam	2 hours	0,08
	<b>Course Total</b>	<b>123 hours</b>	<b>4,92</b>
<b>STUDENT EVALUATION</b>	<p>Evaluation is in Greek and in English for Erasmus students.</p> <p>I. Final Exam (70%) includes: - Case studies</p> <p>II. Midterm Exam-Case study (30%)</p> <p>The evaluation criteria are accessible to students through the</p>		

	website of the course.
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## 5. BIBLIOGRAPHY

Kerig, P. K. & Wenar, C. (2008). *Εξελικτική ψυχοπαθολογία: Από βρεφική ηλικία στην εφηβεία*. Athens: Gutenberg. (Greek version)

Wilmhurst, L. (2014). *Essentials of Child and Adolescent Psychopathology* (2<sup>nd</sup> ed.). Hoboken, NJ: John Wiley & Sons. (Greek version)

Journal articles: *Child Development*, *Journal of Infant, Child, and Adolescent Psychotherapy*, *International Journal of Mental Health*.