

## COURSE OUTLINE

### 1. GENERAL

<b>SCHOOL</b>	SOCIAL SCIENCES		
<b>DEPARTMENT</b>	PSYCHOLOGY		
<b>LEVEL</b>	<i>Undergraduate</i>		
<b>COURSE CODE</b>	<b>PSY-3602</b>	<b>SEMESTER</b>	5 <sup>th</sup>
<b>COURSE TITLE</b>	ADULT PSYCHOPATHOLOGY		
<b>COURSE INSTRUCTOR</b>	<b>Aikaterini Koutra</b> Assistant Professor of Clinical Psychology		
<b>TEACHING ACTIVITIES</b>	<b>WEEKLY HOURS</b>	<b>ECTS</b>	
Lectures	<b>3</b>	<b>5</b>	
<b>COURSE TYPE</b>	Scientific Area (Compulsory)		
<b>PREREQUISITES COURSES:</b>	Personality and Individual Differences PSY-1103		
<b>INSTRUCTION/EXAM LANGUAGE:</b>	Greek		
<b>OFFERED TO ERASMUS STUDENTS</b>	YES (independent study of english literature and term paper)		
<b>COURSE WEB PAGE (URL)</b>	<a href="https://elearn.uoc.gr/course/view.php?id=507">https://elearn.uoc.gr/course/view.php?id=507</a>		

### 2. LEARNING OUTCOMES

#### Learning Outcomes

*This course is an introduction to the field of adult psychopathology. It focuses on theoretical models of abnormal behavior as they relate to the definition, etiology, and treatment of mental disorders. Diagnostic classification, behavioral and biological features of severe psychological disorders, and current etiological models are emphasized. Special reference is made to the therapeutic approaches to the treatment of mental disorders, and issues regarding the usefulness, limitations and consequences of the diagnosis as an institutional practice are discussed. Furthermore, clinical material focusing on case formulation as a tool for better understanding of psychopathology is given.*

On completion of the course, students should be able to demonstrate:

- familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychopathology,
- a critical appraisal of major classificatory systems,
- a critical appraisal of predominant models of etiology and psychopathology and accurate and clear documentation of assessment,
- knowledge and theoretical understanding of effective, evaluated psychological interventions for mental disorders,
- familiarity with the concept of “empathy”.

### General Competences

- Search, analysis and synthesis of data and information, with the use of the necessary technology
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues
- Criticism and self-criticism
- Production of free, creative and inductive thinking

### 3. COURSE CONTENT

1. Psychopathology: Introduction and Historical Overview
2. Current Paradigms in Psychopathology
3. Diagnosis and assessment based on DSM-5
4. Anxiety Disorders
5. Obsessive-Compulsive and Related Disorders/Trauma and Stress Traumatic Disorders
6. Mood Disorders - Suicidality
7. Schizophrenia Spectrum and Other Related Disorders
8. Personality Disorders
9. Somatic Related Disorders
10. Substance Related and Addictive Disorders
11. Neurocognitive Disorders

### 4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

<b>INSTRUCTION METHOD</b>	In class		
<b>INFORMATION AND COMMUNICATION TECHNOLOGIES USED</b>	Use of ICT in teaching Support for learning through the E-learn online platform		
<b>TEACHING ORGANIZATION</b>	<b>Activity</b>	<b>Semester Work load</b>	<b>ECTS credits</b>
	Lectures	39	1,56
	Mid-term examination	40	1,6
	Independent study for final examination	50	2
	Final examination	2	0,08
	<b>Course Total</b>	<b>131</b>	<b>5,24</b>
<b>STUDENT EVALUATION</b>	Evaluation is in Greek and in English for Erasmus students.  <b>I. Final Examination (50%) includes:</b> - Multiple-choice		

	<p>- Short answers</p> <p>- Problem solving questions</p> <p><b>II. Mid-term examination (50%)</b></p> <p>Evaluation criteria are accessible to students via the web-site of course on the UoC e-learn platform.</p>
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## 5. BIBLIOGRAPHY

<ul style="list-style-type: none"> <li>• Bennett, P. (2010). <i>Clinical Psychology and Psychopathology</i> (Eds. A. Kalantzi-Azizi, G. Eustathiou). Athens: Pedio.</li> <li>• Christopoulou, A. (2008). <i>Introduction to Adult Learning</i>. Athens: Topos Publications.</li> <li>• Getzfeld, A. (2009). <i>Essentials of Abnormal Psychology</i> (Ed. L. Messinis). Patra: Gotsis Publications.</li> <li>• Kring, A.M., Davison, G.C., Neale, J.M., &amp; Johnson, S.L. (2010). <i>Abnormal Psychology</i> (Eds. E. Avdi, P. Roussi). Athens: Gutenberg.</li> <li>• Oulis, P. (2010). <i>Manual of Clinical Psychopathology</i>. Athens: Beta Medical Publications.</li> <li>• Schacter, D.L., Gilbert, D.T., &amp; Wegner, D.M. (2012). <i>Psychology</i> (Eds. S. Vosniadou). Athens: Gutenberg.</li> <li>• Selected articles from scientific journals: Journal of Abnormal Psychology, Journal of Consulting and Clinical Psychology, Clinical Psychology Review, Annual Review of Clinical Psychology, Journal of Clinical Psychology, Psychological Medicine, etc.</li> </ul>
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