

COURSE OUTLINE

(1) GENERAL

SCHOOL	SOCIAL SCIENCES		
ACADEMIC UNIT	DEPARTMENT OF PSYCHOLOGY		
LEVEL OF STUDIES	Undergraduate Level		
COURSE CODE	PSY- 3302	SEMESTER	6 th
COURSE TITLE	POSTPARTUM DEPRESSION: IMPLICATIONS FOR THE DEVELOPMENT OF CHILDREN		
INDEPENDENT TEACHING ACTIVITIES	WEEKLY TEACHING HOURS	CREDITS	
Lectures and DVD presentations, invited talks and oral presentations by students in class	3	6	
COURSE TYPE	Skills Development (seminar)		
PREREQUISITE COURSES:	Methodology of Scientific Research in Social Sciences, Developmental Psychology I and Adult Psychopathology		
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek		
IS THE COURSE OFFERED TO ERASMUS STUDENTS	No		
COURSE WEBSITE (URL)	https://elearn.uoc.gr/course/view.php?id=1395		

(2) LEARNING OUTCOMES

Learning outcomes
<p>The basic aim of this Seminar is to give students the chance to acquire basic knowledge related to postpartum depression and to understand the implications of it for the development of infants and children through the variability of experiences that form the early interactions with Significant Others (e. g. mothers, fathers).</p> <p>In particular, after the completion of this seminar students are expected to:</p> <ul style="list-style-type: none"> • Have understood the characteristics of maternal and paternal postpartum depression, • Have recognized the implications of postpartum depression for the cognitive, the social and emotional development of infants and children, as these are derived from recent empirical studies, • Have understood the different but complementary impact that Significant

Others have (mothers, fathers) in the early stages of development,

- Have defined the variability of experiences that form infant development in different cultural contexts,
- Have understood the importance of quality of early interactive experiences for later development.

General Competences

- Search for, analysis and synthesis of data and information, with the use of the necessary technology,
- Production of new research ideas,
- Respect for difference and multiculturalism
- Showing social, professional and ethical responsibility and sensitivity to gender issues,
- Working independently,
- Criticism and self-criticism,
- Promotion of free, creative and inductive thought.

(3) SYLLABUS

The content of this Seminar is grouped mainly in the following thematic sections:

- Definition, characteristics and epidemiology of maternal and paternal postpartum depression,
- Diagnosis, risk and protective factors in the manifestation of maternal and paternal postpartum depression,
- Interventions for maternal and paternal postpartum depression,
- Implications of postpartum depression on the cognitive, the social and emotional development of infants and children. Are there variations in the implications between maternal and paternal postpartum depression?
- Postpartum depression in groups of high-risk mothers (abused, adolescent and epileptic mothers),
- The manifestation of maternal and paternal postpartum depression in different cultural contexts,
- Description and analysis of postpartum depression cases.

(4) TEACHING and LEARNING METHODS - EVALUATION

DELIVERY	Face-to-face in classroom																										
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY	Use of ICT in teaching, Use of electronic platform e-learn in support of the educational process																										
TEACHING METHODS	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: center;"><i>Activity</i></th> <th style="text-align: center;"><i>Semester Work load</i></th> <th style="text-align: center;"><i>ECTS credits</i></th> </tr> </thead> <tbody> <tr> <td>Lectures</td> <td style="text-align: center;">6 hours</td> <td style="text-align: center;">0,24</td> </tr> <tr> <td>Independent study for presentation A</td> <td style="text-align: center;">25 hours</td> <td style="text-align: center;">1,0</td> </tr> <tr> <td>Independent study for presentation B</td> <td style="text-align: center;">35 hours</td> <td style="text-align: center;">1,4</td> </tr> <tr> <td>Participation in oral presentations</td> <td style="text-align: center;">33 hours</td> <td style="text-align: center;">1,32</td> </tr> <tr> <td>Independent study and writing of assignment</td> <td style="text-align: center;">45 hours</td> <td style="text-align: center;">1,8</td> </tr> <tr> <td>Participation in oral examination</td> <td style="text-align: center;">1 hour</td> <td style="text-align: center;">0,04</td> </tr> <tr> <td><i>Course Total</i></td> <td style="text-align: center;"><i>145</i></td> <td style="text-align: center;"><i>5,8</i></td> </tr> </tbody> </table>			<i>Activity</i>	<i>Semester Work load</i>	<i>ECTS credits</i>	Lectures	6 hours	0,24	Independent study for presentation A	25 hours	1,0	Independent study for presentation B	35 hours	1,4	Participation in oral presentations	33 hours	1,32	Independent study and writing of assignment	45 hours	1,8	Participation in oral examination	1 hour	0,04	<i>Course Total</i>	<i>145</i>	<i>5,8</i>
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STUDENT PERFORMANCE EVALUATION	<p>Student evaluation is in Greek language.</p> <p>I. Two oral public presentations (20% of the total grade each).</p> <p>II. Written work (40% of the total grade).</p> <p>III. Oral examination (20% of the total grade).</p> <p>Evaluation criteria are accessible to students via the web-site of course on the UoC e-learn platform.</p>																										

(5) ATTACHED BIBLIOGRAPHY

Kleiman, K. (2014). *Therapy and postpartum women: Notes on healing postpartum depression for clinicians and the women who seek their help*. New York: Routledge.

Walker, K. (2014) *Transformed by postpartum depression: Women's stories of trauma and growth*. Texas: Praeclarus Press.

Stewart, D.E., Robertson, E., Dennis, C-L., Grace, S.L., & Wallington, T. (2003). *Postpartum depression: Literature review of risk factors and interventions*. University Health Network Women's Health Program: Toronto Public Health.

Selected articles from the scientific journals: Developmental Psychology, Child Development, Journal of Affective Disorders, British Journal of Psychiatry, Journal of Health Care for the Poor and Underserved, Infant Behavior and Development, Infant and Child Development, Infancy, Infant Mental Health, Social Development, etc.