

## COURSE OUTLINE

### 1. GENERAL

<b>SCHOOL</b>	SOCIAL SCIENCES		
<b>DEPARTMENT</b>	PSYCHOLOGY		
<b>LEVEL</b>	<i>Undergraduate</i>		
<b>COURSE CODE</b>	PSY-3620	<b>SEMESTER</b>	
<b>COURSE TITLE</b>	Understanding personality in the clinical setting		
		<b>WEEKLY HOURS</b>	<b>ECTS</b>
	Lectures, demonstration of videos	<b>3</b>	<b>6</b>
<b>COURSE TYPE</b>	Clinical Field of Psychology (Seminar)		
<b>PREREQUISITES COURSES:</b>	None		
<b>INSTRUCTION/EXAM LANGUAGE:</b>	Greek		
<b>OFFERED TO ERASMUS STUDENTS</b>	YES (independent study of English literature under the guidance of the instructor, 3 small essays and 1 term paper in English)		
<b>COURSE WEB PAGE (URL)</b>	<a href="https://elearn.uoc.gr/course/view.php?id=85">https://elearn.uoc.gr/course/view.php?id=85</a> (Password required)		

### 2. LEARNING OUTCOMES

<b>Learning Outcomes</b>
<p>At the end of the course, the students should be able to:</p> <ul style="list-style-type: none"> <li>• Become familiar with personality disorders, by looking into the psychoanalytic approach.</li> <li>• Distinguish the basic defense mechanisms of each personality and the relationship with the self, relationships with others and the psychotherapeutic relationship (transference- counter transference).</li> <li>• Compare the classification of DSM to the psychoanalytic classification of personality disorders.</li> </ul>
<b>General Competences</b>
<ul style="list-style-type: none"> <li>• Critical thinking</li> <li>• Working independently</li> <li>• Working in an interdisciplinary environment</li> <li>• Criticism and self-criticism</li> <li>• Production of free, creative and inductive thinking</li> <li>• Synthesis of theory with clinical examples (i.e. case studies)</li> </ul>

### 3. COURSE CONTENT

<ul style="list-style-type: none"> <li>• The concept of personality: The role of diagnosis, classification and epistemological issues.</li> <li>• The psychoanalytic approach in the diagnosis of personality.</li> <li>• Developmental level of personality organization (neurotic, borderline, psychotic).</li> <li>• Defense mechanisms (primitive and secondary) and personality.</li> <li>• Psychopathic and antisocial personalities.</li> </ul>
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- Narcissistic personalities
- Schizoid personalities.
- Paranoid personalities.
- Depressive and Manic personalities.
- Masochistic personalities.
- Hysteric personalities.
- Obsessive-Compulsive personalities.
- Dissociative personalities
- Other types of personalities according to DSM: Dependent, borderline, dramatic, avoidant personalities: Differences and commonalities between DSM and psychoanalytic approach in classification, diagnosis and comprehension of personality.

#### 4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

<b>INSTRUCTION METHOD</b>	In class (face-to-face). These meetings include lectures, short video demonstrations, and discussions.		
<b>INFORMATION AND COMMUNICATION TECHNOLOGIES USED</b>	Use of ICT in teaching  Support for learning (communication with students and delivery of all course material) via the UoC e-learn online platform.		
<b>TEACHING ORGANIZATION</b>	<i>Activity</i>	<i>Semester Work load</i>	<i>ECTS credits</i>
	Lectures	39	1,56
	Independent Study	50	2
	Participation in final exams	2	0,08
	Writing essay	60	2,4
	Oral presentation	2	0,08
	<b>Course Total</b>	<b>153</b>	<b>6,12</b>
<b>STUDENT EVALUATION</b>	<p>The evaluation is in Greek for the students of UoC and in English for the Erasmus students.</p> <p>The evaluation will be by means of:</p> <ol style="list-style-type: none"> <li>I. Written exams (50%).</li> <li>II. Writing essay (40%).</li> <li>III. Oral presentation (10%).</li> </ol> <p>The evaluation criteria are presented during the 1st lecture of the semester. Moreover, all criteria are available to the students via the web-site of course on UoC e-learn platform.</p>		

#### 5. BIBLIOGRAPHY

This course is comprised of a range of different free, online materials (lecture notes, slides & videos). However, the course makes primary use of the following materials:

Basic bibliography:

- Mcwilliams, N. (2012). Psychoanalytic diagnosis. Institute of Psychology and Health.

Additional Reading:

- Gordon, R. M. (2010). Psychodynamic diagnostic manual. In I. Weiner and E. Craighead (Editors), Corsini's Encyclopedia of Psychology, Edition: 4th ed vol 3 (pp.1312-1315). John Wiley and Sons Publisher.
- PDM Task Force. (2006). Psychodynamic Diagnostic Manual. Silver Spring, MD: Alliance of Psychoanalytic Organizations.
- McWilliams, N. (2006). Psychoanalytic psychotherapy. Institute of Psychology and Health.