

## COURSE OUTLINE

### 1. GENERAL

<b>SCHOOL</b>	SOCIAL SCIENCES		
<b>DEPARTMENT</b>	PSYCHOLOGY		
<b>LEVEL</b>	<i>Undergraduate</i>		
<b>COURSE CODE</b>	PSY-1103	<b>SEMESTER</b>	2 <sup>nd</sup>
<b>COURSE TITLE</b>	THEORIES OF PERSONALITY		
<b>TEACHING ACTIVITIES</b>	<b>WEEKLY HOURS</b>	<b>ECTS</b>	
Lectures, demonstration of videos	<b>3</b>	<b>5</b>	
<b>COURSE TYPE</b>	Special Background (Compulsory)		
<b>PREREQUISITES COURSES:</b>	None		
<b>INSTRUCTION/EXAM LANGUAGE:</b>	Greek		
<b>OFFERED TO ERASMUS STUDENTS</b>	YES (independent study of English literature under the guidance of the instructor, 3 small essays and 1 term paper in English)		
<b>COURSE WEB PAGE (URL)</b>	<a href="https://elearn.uoc.gr/course/view.php?id=85">https://elearn.uoc.gr/course/view.php?id=85</a> (Password required)		

### 2. LEARNING OUTCOMES

<b>Learning Outcomes</b>
<ul style="list-style-type: none"> <li>• Understand personality on the ground of the basic personality theories (psychoanalytic/psychodynamic, characteristic theories, phenomenological-anthropocentric, behavioural, cognitive, social-cognitive).</li> <li>• Critical thinking in issues related to the definition of personality and the role that genetic, environmental, social, historical and cultural factors play in the formulation of personality.</li> <li>• Relate both theory and practice through presentation of the basic evaluation methods of personality.</li> </ul>
<b>General Competences</b>
<ul style="list-style-type: none"> <li>• Criticism and self-criticism</li> <li>• Production of free, creative and inductive thinking</li> <li>• Synthesis of different personality theories and research methods</li> <li>• Working independently</li> <li>• Working in an interdisciplinary environment</li> </ul>

### 3. COURSE CONTENT

1. The definition and the study of personality theories: Theoretical and research approaches.
2. The psychoanalytic and psychodynamic models: Freud's psychoanalytic theory
3. Ericksons' psychosocial stages of development, Adlers' Individual psychology school and Yungs' Analytic psychology school.
4. The cultural and interpersonal approach: Horney, Sullivan and Attachment theory.
5. The Phenomentological- anthropocentric model: The theories of Carl Rogers and A. Maslow.
6. Behavioral theories of personality: Classical and operant conditioning
7. The theories for the characteristics of personality by Allport, Eysenck, Cattell.
8. The big five personality trait model.
9. The theory of personal constructs: G. A. Kelly.
10. The social-cognitive theory by Bandura και Mischel.
11. Cognitive factors of personality: motives, goals and beliefs.
12. Biological, social and cultural factors in the formulation of personality.
13. Conclusion, evaluation, comparison and criticism of personality theories.

#### 4. INSTRUCTIONAL AND LEARNING METHODS - EVALUATION

<b>INSTRUCTION METHOD</b>	In class (face-to-face). These meetings include lectures, short video demonstrations, and discussions.		
<b>INFORMATION AND COMMUNICATION TECHNOLOGIES USED</b>	Use of ICT in teaching  Support for learning (communication with students and delivery of all course material) via the UoC e-learn online platform.		
<b>TEACHING ORGANIZATION</b>	<i>Activity</i>	<i>Semester Work load</i>	<i>ECTS credits</i>
	Lectures	39	1,56
	Participation in progress tests	27	1.08
	Independent Study	60	2,4
	Participation in final exams	2	0,08
	<b><i>Course Total</i></b>	<b><i>128</i></b>	<b><i>5.12</i></b>
<b>STUDENT EVALUATION</b>	<p>The evaluation is in Greek for the students of UoC and in English for the Erasmus students.</p> <p>The evaluation will be by means of:</p> <ol style="list-style-type: none"> <li>I. A Progress test (30%) and</li> <li>II. A final written exam at the end of the semester (70%).</li> </ol> <p>The evaluation criteria are presented during the 1st lecture of the semester. Moreover, all criteria are available to the students via the web-site of course on UoC e-learn platform.</p>		

#### 5. BIBLIOGRAPHY

This course is comprised of a range of different free, online materials (lecture notes, slides & videos). However, the course makes primary use of the following materials:

Basic bibliography:

- Pervin A. Lawrence , Cervone Daniel , (2013). Personality theories: Research and applications. Athens: Gutenberg publications

Additional bibliography:

- Lawrence. A. Pervin & Oliver P. John (2001): Personality theories: Research and applications. Athens: Tipothito publications.
- Potamianos, G. (2002): Personality theories and clinical practice. Athens: Ellinikia grammata publications.